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- Monday:** 2 for \$20
- Tuesday:** Burger Night  
 8oz Burger & Fries \$6.99  
 (Plus Happy Hour-All Night Long)
- Wednesday:** Pasta Night  
 All You Can Eat Pasta  
 Cooked right at your table  
 \$13.99
- Thursday:** Jambalaya Night or  
 Prime Rib \$15.99 - House Wine \$3.50
- Friday & Saturday:** Chef Special  
 Fresh Fish \$18 and up - Prime Rib 10oz \$18.99 -  
 12oz \$21.99
- Sunday Brunch Buffet:** 10am - 2pm  
 Bloody Mary & Mimosa \$3.00  
 After 2pm Regular Menu  
 Kids Eat FREE • \$10 Any Pasta
- DRINK SPECIALS Friday:** Long Island \$5
- Saturday:** House Margarita \$3.49

\*Prices subject to change.

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Sunday Breakfast 8-10  
 Sunday Brunch 10-2



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# LOCALLY

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# LOCAL AREA EVENTS

## JANUARY

MLK Jr. Birthday Celebration | Des Moines  
Beast Feast | Johnston  
Chinese New Year | West Des Moines

## FEBRUARY

Bacon Festival | Des Moines  
Valentine's Dance | Ankeny, Des Moines  
Groundhog Day Celebration | Des Moines  
Ice Fishing at Fort Des Moines Park  
smART Family Weekend | Des Moines  
Greater Des Moines Heart Ball  
HeArt Fest | West Des Moines  
Valentine's Burlesque Ball | Des Moines

## MARCH

Country Spring Break | Clive  
Kidfest | Des Moines  
St. Patrick's Day Parade | Des Moines  
Authentic St. Patrick's Day | Urbandale

## APRIL

Arbor Day Tree Planting | Clive  
Earth Day Celebration | Des Moines  
Egg Cookoff & Easter Bunny Visit |  
Des Moines  
Family Easter Party | Urbandale  
Earth Day in the Junction |  
West Des Moines  
Easter Egg Hunt | Windsor Heights

## MAY

Memorial Day Celebration | Des Moines  
Mother's Day Soiree | Des Moines  
Urbandale Friday Fest  
A-May-Zing-Days | West Des Moines  
Festivale Cinco de Mayo |  
West Des Moines  
Learnapalooza | West Des Moines  
PGA Champions Tour Charity |  
West Des Moines  
Spring Art Market | West Des Moines  
City Wide Garage Sale | Windsor Heights  
Pancake Breakfast | Windsor Heights  
WHAMM Race | Windsor Heights  
Annual Garage Sale | Windsor Heights

## JUNE

Ankeny Unplugged  
Art in the Park | Ankeny  
Movies Under the Stars | Ankeny  
Summerfest | Bondurant  
Des Moines Art Festival  
Lobster Fest | Des Moines  
Granger Days  
Green Days | Johnston  
Pride Ride | Johnston  
Cops N' Bobbers Fishing Derby |  
West Des Moines  
Hy-Vee Triathalon | West Des Moines

## JULY

4th of July Celebration | Polk County  
RAGBRAI | Statewide  
SummerFest | Ankeny  
Polk County Fair | Des Moines  
Taste of Des Moines  
Pleasant Hill Summerfest  
Four Seasons Festival | Polk City

## AUGUST

Iowa State Fair | Des Moines  
Pelican Festival | Granger  
LobsterFest | Polk City

## SEPTEMBER

DMACC Kite Festival | Ankeny  
Thomas Mitchell Days | Mitchellville  
Big Creek Fall Bike Ride | Polk City  
Razzle Dazzle Day | Runnells  
Fall Art Market | West Des Moines  
Illumifest | West Des Moines

## SEPTEMBER (Continued)

Fall Clean Up Day | Windsor Heights

## OCTOBER

Barktoberfest | Ankeny  
Creepy Capers | Ankeny  
Trick or Treat in Uptown | Ankeny  
Pumpkin Fest | Carlisle  
Nobbies Haunt Fair | Clive  
I.M.T. Des Moines Marathon  
Beggar's Night | Polk County  
Oktoberfest |  
Des Moines & Windsor Heights  
Family Halloween Nights | Urbandale  
Halloween Hoopla | West Des Moines

## NOVEMBER

Santa's North Pole Village | Ankeny  
Jolly Holiday Lights | Des Moines  
Turkey Trivia | Granger

## DECEMBER

Breakfast with Santa | Ankeny  
Festival of Trees & Lights | Des Moines  
Holly & Ivy Event | Des Moines  
Snackin' with a Claus | Des Moines  
Yellowstone in Winter | Granger  
Holiday Celebration | Grimes  
Windsor Wonderland | Windsor Heights



Administration.....	(515)286-3215
Assessor .....	286-3140
Building & Grounds.....	286-3228
Central Accounting .....	286-3753
Community & Family Division.....	286-3434
County Attorney.....	286-3737
County Information.....	286-3000
Election Office.....	286-3247
<b>Emergency .....</b>	<b>911</b>
Emergency Management.....	286-2107
Information Technology.....	286-3757
Treasurer .....	286-3030
Health Department.....	286-3798
Health Services.....	286-4545
Human Resources.....	286-3200
Medical Examiner .....	286-2102
Public Works .....	286-3705
Purchasing .....	286-3215
Recorder .....	286-3160
Sheriff .....	286-3800
Taxes & Mapping .....	286-3080
Veteran Affairs.....	286-3670
Youth Services .....	286-3344



The Sac and Fox Indian tribes originally occupied Polk County until land was claimed by France. As Indians were cleared from the area in 1840, French fur trappers and traders began settling. In 1842 the Sac and Fox Treaty was signed and land was open for settlement. Military posts were then built in Des Moines to keep the peace between settlers and Indians. Iowa became a state in 1846 and Polk County was officially established, named after President James K. Polk. Fort Des Moines was designated the county seat in 1855 and the name was shortened to Des Moines. The state capital was originally Iowa City until 1857 when it was moved to Des Moines. Today Polk County is home to approximately 424,778 residents.

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- |  |                                      |
|--|--------------------------------------|
| <b>ALLEMAN</b> – pop. 435                      | <b>MITCHELLVILLE</b> – pop. 2,152    |
| <b>ALTOONA</b> – pop. 13,854                   | <b>NORWALK</b> – pop. 8,821          |
| <b>ANKENY</b> – pop. 42,287                    | <b>PLEASANT HILL</b> – pop. 8,414    |
| <b>BONDURANT</b> – pop. 2,714                  | <b>POLK CITY</b> – pop. 3,201        |
| <b>CARLISLE</b> – pop. 3,693                   | <b>RUNNELLS</b> – pop. 392           |
| <b>CLIVE</b> – pop. 15,234                     | <b>SAYLORVILLE</b> – pop. 3,238      |
| <b>DES MOINES (COUNTY SEAT)</b> – pop. 197,052 | <b>SHELDAHL</b> – pop. 319           |
| <b>ELKHART</b> – pop. 473                      | <b>URBANDALE</b> – pop. 38,369       |
| <b>GRANGER</b> – pop. 1,054                    | <b>WEST DES MOINES</b> – pop. 55,426 |
| <b>GRIMES</b> – pop. 8,419                     | <b>WINDSOR HEIGHTS</b> – pop. 4,643  |
| <b>JOHNSTON</b> – pop. 15,691                  | <i>*Populations are approximate.</i> |

## **ALTOONA**

Originally inhabited by American Indians, Altoona was settled by Anthony Yant in 1854. In 1867, the Des Moines Valley Railroad arrived to the town and it became known as “Yant’s Station” or “Yant’s Siding.” A year later, Julian B. Bausman surveyed the area and Altoona was named after “altus” because it was the highest point between Des Moines and Keokuk along the railroad. In 1876 Altoona was incorporated and platted in 1878. In 1888, Thomas Haines donated four acres of land for a city park, which was the home of festivals and celebrations for years to come. The first municipal airport in Iowa was built in 1926 where Adventureland is now located. Today Altoona is home to approximately 13,854 residents.

## **ANKENY**

Ankeny originated as a farming community where farmers raised cane sorghum for molasses or raised hogs. It was founded in 1875 by John Fletcher Ankeny, a businessman and politician. The railroad arrived by 1880 and Ankeny was incorporated as a town in 1903. From 1932 to 1940, Ankeny was almost destroyed by major fires, but the town was quickly rebuilt. With the establishment of a John Deere plant in 1947, Ankeny almost doubled in population as many citizens were employed with the production of equipment. Today Ankeny is home to approximately 42,287 residents.

## **CLIVE**

Clive grew as a small settlement around Walnut Creek. Early residents were involved in coal mining, rail shipping or agriculture. The first school was built in 1848. Jefferson Polk and Frederick Hubbell developed the area, founding the Union Land Company which platted Clive in 1882. The railroad soon followed and businesses established near the train depot. Clive was incorporated as a city in 1956 and remained a small community until the development of the Interstate highway system in the 1960s. Today Clive is home to approximately 15,234 residents.

## **DES MOINES (COUNTY SEAT)**

It was suggested by John Dougherty in 1834 that a military post should be built where the Raccoon and Des Moines rivers converged. Within ten years, a fort had been built and the origin of the name is still under scrutiny. Historians believe Fort Des Moines was either named after an Indian word for “river of the mounds” or a French word for “monks”. Upon establishment of the fort, settlers began arriving and in 1847 streets were platted. Fort Des Moines was incorporated in 1851 and several years later, Fort Des Moines was shortened to Des Moines and selected as the county seat and state capital. (Next Page)

## **DES MOINES (COUNTY SEAT), CONTD.**

The community continued to grow until WWI when many residents enlisted to serve in the army. By the end of the war, Des Moines had become a major insurance center and due to a diversified economy, Des Moines has continued to grow. Today Des Moines is home to approximately 197,052 residents.

## **JOHNSTON**

Established in 1905 as a stop between Des Moines and Perry, Johnston was originally known as Johnston Station. The community was named after John F. Johnston, a railroad supervisor. Law prohibited incorporation of a city that was within three miles of another city and due to its proximity to Des Moines and Urbandale; Johnston was not incorporated until 1969 after agreements between the communities were reached. Today Johnston is home to approximately 15,691 residents.

## **URBANDALE**

Early residents of Urbandale were coal miners until a streetcar system was constructed in 1905. The community was known as a street car suburb as railway lines were adapted to street car lines. Commuters were able to travel to Des Moines and products and services were easily transported. The street car line was recognized as the Urbandale Line and the community was known as such. In 1907, streets were platted and Urbandale continued to grow as a commuter’s home. Today Urbandale is home to approximately 38,369 residents.

## **WEST DES MOINES**

Known as Valley Junction, West Des Moines was first settled by James Cunningham Jordan, a cattle farmer who later served as state senator. The community grew around the railroad as several lines met at its location and was incorporated in 1893. In 1905, the first City Hall was built and community leaders continued to aid the progress of development with the advent of gas and water mains, electricity, telephone service and sidewalks. As the railroad industry declined, Valley Junction was renamed West Des Moines to reinvent the community image. As a result, West Des Moines has continued to grow. Today West Des Moines is home to approximately 55,426 residents.



Ankeny was rated as a KaBOOM! Playful City USA for the seventh year in a row in 2013. KaBOOM! defines Playful City USA as “a national recognition program honoring cities and towns that make play a priority and use innovative programs to get children active, playing, and healthy.” Ankeny more than makes the cut, with its annual All-City Play Day, community partnerships, and handicapped-accessible playgrounds, physical education classes, and events. Ankeny’s mayor, Steve Van Oort, says the community’s aim is “to create play spaces within walking distance of every child” (<http://www.ci.ankeny.ia.us>).

“...play spaces within walking distance of every child.”



# Get Active!!!

- In 1938, Valley Junction changed its name to West Des Moines because they thought “Valley Junction” was an old-fashioned, unappealing name that lost them business and visitors.
- “Altoonis” is a modification of the word “altus,” the Latin word for “high,” since at the time of its naming, Altoona was the highest ground in the area.
- Local legend has it that Clive is named for a railroad foreman named Clive: when Des Moines workers were directed to bring materials to the city, they were told to “Get it out to Clive.”
- Runnells (formerly Lafayette) was founded by settlers who wanted to avoid high property taxes in Des Moines.
- Granger has two water towers: one labeled HOT, and the other labeled COLD.
- John Houbolt, an aerospace engineer who promoted America’s mission to the moon, and Kyle Orton, an NFL quarterback for the Dallas Cowboys, are both from Altoona.
- Two members of the heavy metal band Slipknot, Chris Fehn and James Root, are from Ankeny.
- The oldest person in the world (until December 2012, when a different centenarian grew older), was from Johnston. She was an Italian-American named Dina Manfredini, who walked and stayed active up until the last year of her life.
- Brandon Routh, who played Superman in “Superman Returns,” was born in Norwalk.

# Did You Know..?



Saylorville Lake Marina has been a favorite recreation spot since its 1977 opening.

Visit to enjoy natural beauty, outdoor activities, and top-class amenities.

Saylorville Lake offers camping sites and hiking and biking trails in its peaceful woodlands, wetlands, and prairie. Its waters are great for boating, fishing, and swimming, and have even been known to amplify reflections of the Aurora Borealis, or Northern Lights.

The majority of Iowan fish are high-quality and safe to eat. Cast your reel at Saylorville to try your hand at catching big stripers, catfish, bass, walleye, and more! Rent a boat or head over to the fishing jetty for added fun.

There is more to Saylorville Lake than fishing and boating. Play disc golf, hunt deer and game birds, or visit nearby Jester Park and Big Creek State Park for a variety of great activities. Saylorville Lake Marina is located in Polk City, Iowa, just north of Des Moines. Come out and enjoy the beautiful, great outdoors!

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## Precautions:

- KNOW WHERE YOU CAN TAKE SHELTER IN SECONDS.
- HAVE A PLACE, EVERYONE KNOWS, TO GO TO AFTER THE STORM HAS PASSED.
- FLYING DEBRIS IS THE BIGGEST DANGER DURING A TORNADO. YOUR SHELTER SPACE SHOULD HAVE MATTRESSES OR THICK BLANKETS AROUND, TO PROTECT YOURSELVES.
- DO NOT OPEN YOUR WINDOWS TO TRY & "EQUALIZE THE PRESSURE." THIS ONLY MAKES IT EASIER FOR DEBRIS TO INJURE YOU.
- ALSO, STAY AWAY FROM WINDOWS!

## Things to Look and Listen for:

- CONSTANT ROTATION OF THE CLOUDS BASE.
- FLYING/ROTATING DEBRIS UNDER THE CLOUD.
- TORNADOS DON'T ALWAYS HAVE A VISIBLE FUNNEL.
- HEAVY RAIN OR HAIL FOLLOWED BY EITHER BY AN EERIE CALM IN THE STORM OR RAPID WIND CHANGES & SHIFTS.
- LISTEN FOR LOUD, CONTINUOUS RUMBLING WITH NO BREAKS IN IT LIKE THUNDER.

## Lightning Distance Tracker

YOU CAN FIGURE OUT HOW FAR AWAY THE LIGHTNING IS FROM YOU LIKE THIS... COUNT THE SECONDS IN BETWEEN THE FLASH OF LIGHTNING & THE CRACK OF THUNDER. DIVIDE THE NUMBER OF SECONDS BY 5 & YOU HAVE YOUR DISTANCE IN MILES.

0 SECONDS	5 SECONDS	20 SECONDS	60 SECONDS
0 MILES	1.08 MILES	4.35 MILES	13.06 MILES

# Do Not Open Your Windows!



In 2010, a treasure trove of ancient artifacts and structures were discovered by University of Iowa-based Office of the State Archaeologist (OSA) in Des Moines. The site was nicknamed "The Palace" because of its abundance of artifacts, impressive preservation, and its underground complex of oval-shaped, eight hundred square foot structures.



Archaeologists discovered over six thousand artifacts, along with animal and human remains. River floods preserved Palace contents impeccably. The bones of a woman and infant buried at the site are about seven thousand years old: the oldest known human remains in Iowa.



OSA Director, Melody Pope, is thrilled about the find: "We don't get many opportunities to see deeply buried, well-preserved sites of this size," Pope says. "This discovery will provide important clues about what the living environment was like 7,000 years ago. It's truly a treasure that will help us understand how the early people of Iowa made a living, what they ate, which technologies they had developed, and how they interacted as a community, especially their use of space and village organization." (<http://fyi.uiowa.edu>)



The OSA Burial Protection Program is consulting with Native Americans about the investigation, preservation, and re-burial of the human remains, which depend on the wishes of local tribes. They are cataloguing their finds as they analyze them, and will soon make these available to the public, along with a 3D model of the site produced using laser technology.

To learn more about Iowa's rich, far-reaching history, visit [www.iowahistory.org/](http://www.iowahistory.org/) and the State of Iowa Historical Museum at 600 East Locust Street, Des Moines.

# A Glimpse of the Prehistoric



## **FORT DES MOINES PARK**

Fort Des Moines Park is a 117 acre park located on the former Fort Des Moines Calvary Post. Visitors can enjoy boating, fishing, geocaching, picnicking. Features include an arboretum, ball diamond, playground, shelters and a nature trail. *Located in Des Moines.*

## **GAY LEA WILSON TRAIL**

Upon completion, the Gay Lea Wilson Trail will extend over 35 miles throughout Polk County and will connect businesses, trails and parks through five counties. Visitors can enjoy biking, hiking and wildlife viewing. *Located in Pleasant Hill.*

## **GREAT WESTERN TRAIL**

Located along 16 miles from Des Moines to Martensdale, the Great Western Trail was a former railroad route. Visitors can enjoy hiking, biking and wildlife viewing. *Located in Des Moines.*

## **LEWIS A. JESTER PARK**

Located on 1,834 acres along the shore of Saylorville Lake, Jester Park is a stopping point for many migratory birds. Visitors can enjoy boating, camping, cross-country skiing, fishing, geocaching, golfing, hiking, picnicking, bird watching and snowmobiling. Features include an equestrian center, playgrounds, playscape, shelters and a wildlife exhibit. *Located in Granger.*

## **SYCAMORE TRAIL**

Located along over six miles of scenic Des Moines, visitors can enjoy hiking, biking and wildlife viewing. *Located in Des Moines.*

## **THOMAS MITCHELL PARK**

Located on 175 acres of oak-hickory woodland, Thomas Mitchell Park is named after Polk County's first permanent English speaking settler. Visitors can enjoy camping, fishing, hiking, geocaching, picnicking and snowmobiling. Features include a ball diamond, playground and shelters. *Located in Mitchellville.*

## **YELLOW BANKS PARK**

Located on 517 acres of the Des Moines River, Yellow Banks Park sits atop 140 foot tall bluffs. Visitors can enjoy camping, fishing, geocaching, hiking, picnicking and bird watching. Features include ball diamonds, playground, shelters and a Native American burial mound. *Located in Pleasant Hill.*

*\*Polk County Parks are open during day light savings time from 6:30AM to 10:30PM, sunrise to sunset the remainder of the year. Call the Polk County Conservation Offices at (515) 323-5300 for more information.*

The Iowa City area community includes Coralville, North Liberty, Solon, and other small towns with a total population of about 100,000. The University both provides and attracts a wide variety of cultural opportunities, Big Ten athletic events, and a number of business endeavors resulting from scientific and educational research that originated at Iowa. In the summers, Iowa City sponsors weekly downtown jazz and pop concerts, and all through the year major poets, writers, artists, historians, scientists, and others speak or perform in University venues or to read at local bookstores. Excellent public schools, close, safe, and comfortable neighborhoods, and a highly educated population mean that Iowa City frequently appears high on "best-place-to-live" listings in national magazines. The nearby countryside, good state parks, and the Iowa River provide many opportunities for walking, biking, and boating. Twenty miles to the north is Cedar Rapids, Iowa's second-largest city, home to the Eastern Iowa Airport and a population of about 120,000.

Established in 1847, Iowa has won international recognition for its wealth of achievements in the arts, sciences, and humanities. Iowa was the first U.S. public university to admit men and women on an equal basis and the first institution of higher education in the nation to accept creative work in theater, writing, music, and art as theses for advanced degrees. It established the first law school and the first educational radio station west of the Mississippi, broadcast the world's first educational television programs, and developed and continues to hold pre-eminence in educational testing.

The University has world renowned research programs in genetics, hydraulics, and speech and hearing, and has recorded major innovations in agricultural medicine, biocatalysis, biomedical engineering, biomedical sciences, and pharmacology education. Its graduate programs in audiology, printmaking, creative writing, speech-language pathology, and nursing service administration are first-ranked. Iowa scientists, including James Van Allen, have been pioneers in space research, designing and building research instruments for more than 50 successful U.S. satellites and space probes. The University of Iowa operates one of the nation's most advanced and comprehensive university-owned teaching hospitals. It also has developed the most technically advanced driving simulator in the world.

To learn more about the University of Iowa, call (319) 335-3500 or visit [www.uiowa.edu](http://www.uiowa.edu) online.

*\*Information courtesy of the University of Iowa.*



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## **DES MOINES PLAYHOUSE**

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## **DES MOINES PUBLIC LIBRARY**

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## **DES MOINES SYMPHONY**

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## **FORT DES MOINES MUSEUM**

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## **FRIDLEY THEATRES, INC.**

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## **HISTORIC VALLEY JUNCTION**

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## **HOYT SHERMAN PLACE**

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## **HVVEE HALL**

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## **IOWA BARNSTORMERS**

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## **IOWA ENERGY BASKETBALL**

833 5th Ave. | Des Moines | (515) 462-2849

## **IOWA GOLD STAR MUSEUM**

7105 NW 70th Ave. | Johnston | (515) 252-4531

## **IOWA HALL OF PRIDE**

330 Park St. | Des Moines | (515) 280-8969

## **IOWA STATE CAPITOL**

1007 E Grand Ave. | Des Moines | (515) 281-3566

## **IOWA STATE FAIRGROUNDS RACETRACK**

E 30th & E University Ave. | Des Moines | (515) 262-3111

## **ITALIAN-AMERICAN CULTURAL CENTER**

1961 Indianola Ave. | Des Moines | (515) 280-3719

## **JASPER WINERY**

2400 George Flagg Pkwy. | Des Moines | (515) 282-9463

## **JESTER PARK EQUESTRIAN CENTER**

11171 NW 103rd Ct. | Granger | (515) 999-2818

## **JOHN & MARY PAPPAJOHN SCULPTURE PARK**

13th St. & Grand Ave. | Des Moines | (515) 277-4405

## **JORDAN HOUSE**

2001 Fuller Rd. | West Des Moines | (515) 225-1286

## **LIVING HISTORY FARMS**

11121 Hickman Rd. | Urbandale | (515) 278-2586

## **OAK VIEW II HUNTING CLUB**

12726 W Hwy. F70 | Runnells | (515) 966-2095

## **PRAIRE MEADOWS RACETRACK & CASINO**

1 Prairie Meadows Dr. | Altoona | (800) 325-9015

## **SALISBURY HOUSE**

4025 Tonawanda Drive | Des Moines | (515) 274-1777

## **SAYLOR SKATEPARK**

6359 NE 14th St. | Des Moines | (515) 289-0303

## **SCOTTISH RITE CONSISTORY**

519 Park St. | Des Moines | (515) 288-8929

## **SLEEPY HOLLOW SPORTS PARK**

4051 Dean Ave. | Des Moines | (515) 262-4100

## **STATE HISTORICAL SOCIETY OF IOWA**

600 E Locust St. | Des Moines | (515) 281-5591

## **TALLGRASS THEATRE COMPANY**

1401 Vine St. | West Des Moines | (866) 745-4535

## **TERRACE HILL**

2300 Grand Ave. | Des Moines | (515) 281-3604

## **VAL AIR BALLROOM**

301 Ashworth Rd. | West Des Moines | (515) 223-6152

## **VARSITY THEATRE**

1207 25th St. | Des Moines | (515) 277-0404



## HUNTING:

Resident Hunting .....	\$19.00
Lifetime Hunting .....	\$52.50
Nonresident Hunting (18+).....	\$112.00
Nonresident Hunting (<18).....	\$32.00
Resident Fur Harvest (16+).....	\$22.50
Resident Fur Harvest (<16).....	\$7.50
Nonresident Fur Harvest.....	\$202.00
Resident Migratory Bird Fee.....	\$10.00
Resident Habitat Fee.....	\$13.00
Nonresident Migratory Bird Fee.....	\$10.00
NR Falconry.....	\$28.00
Veteran Lifetime Hunting & Fishing.....	\$7.00
Crossbow Use Permit.....	\$2.00
Nonambulatory Permit.....	\$2.00

## FISHING:

Resident Fishing.....	\$19.00
Lifetime Fishing.....	\$52.50
Nonresident Fishing.....	\$41.00
Resident 1-Day Fishing.....	\$9.50
Nonresident 1-Day Fishing.....	\$10.50
Resident 7-Day Fishing.....	\$13.50
Nonresident 7-Day Fishing.....	\$32.00
Resident Trout Fishing.....	\$12.50
Nonresident Trout Fishing.....	\$15.00

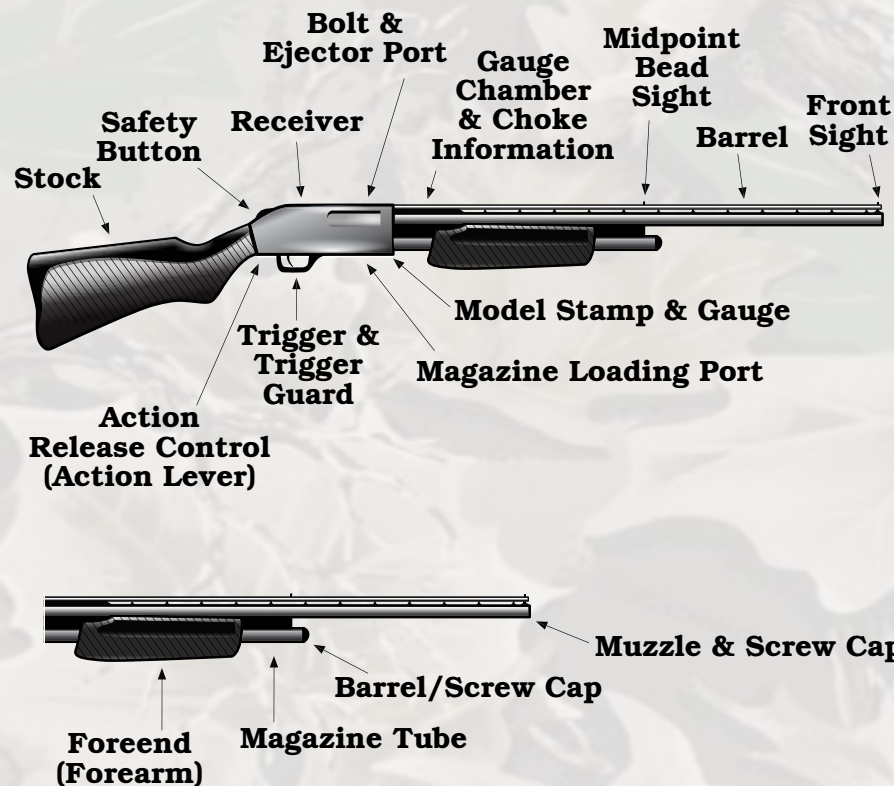
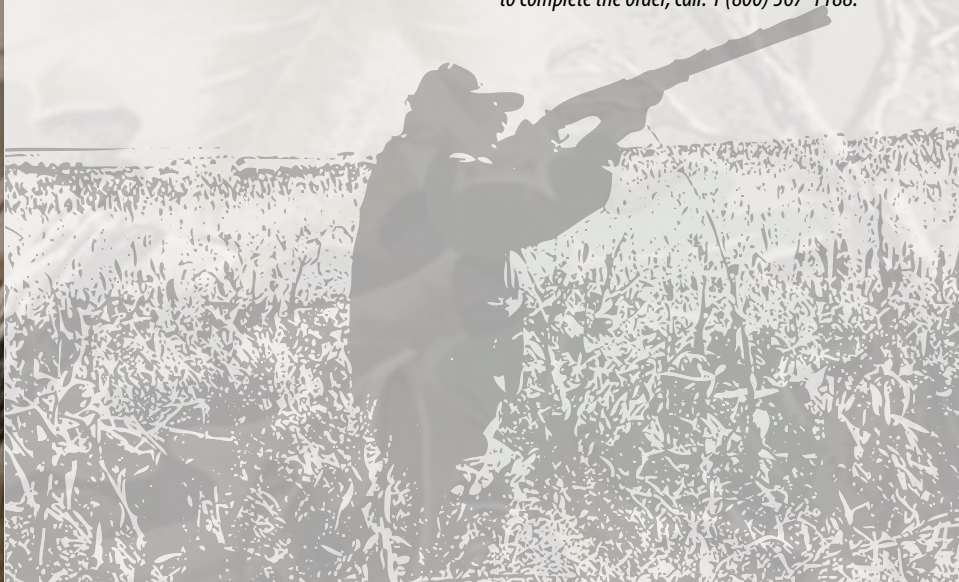
## RECREATIONAL VEHICLE REGISTRATIONS:

ATV Renewal.....	\$16.50
ATV Renewal (With Penalty).....	\$22.50
Nonresident ATV User Permit.....	\$17.50
Snowmobile Renewal.....	\$16.50
Snowmobile Renewal (With Penalty).....	\$22.50
Nonresident Snowmobile Renewal.....	\$17.50

## MISC. LICENSES:

Resident Fur Dealer.....	\$227.50
Nonresident Fur Dealer.....	\$503.00
Resident Aquaculture Unit.....	\$27.50
Nonresident Aquaculture Unit.....	\$58.00
Resident Boundary Water Trotline.....	\$22.50
Nonresident Boundary Water Trotline.....	\$42.50
Retail Bait Dealer.....	\$32.50
Resident Ginseng Harvest.....	\$67.00
Nonresident Ginseng Harvest.....	\$67.00
Ginseng Grower.....	\$2.00

*\*Any resident born after January 1, 1972 must have completed an approved hunter education program in Iowa or another state in order to purchase a hunting license. If hunter education certification is not on customer record, proof of hunter education will have to be displayed when purchasing a license at a local vendor, or to complete the order, call: 1 (800) 367-1188.*



**All hunters should consider taking an advanced hunter education class to learn the latest hunting techniques along with tips on coming home alive.**

**Here are 5 Suggestions for a safe and successful hunting experience:**

- 1.** Get a detailed map of the area you are hunting, review it before you leave, and carry it with you in the field.
- 2.** Carry a compass and know how to use it. Decide ahead of time the direction to head for if you get lost or disoriented.
- 3.** Weather can change quickly, so hunters should carry a simple survival kit and be prepared for an unexpected overnight stay in the field. The survival kit should contain a rope, a knife, water, waterproof matches, an emergency shelter, and first aid supplies.
- 4.** If you are on the water, make sure to wear a personal flotation device (life preserver).
- 5.** Know your hunting partners' physical and emotional limitations, as well as your own, and don't push your partners or yourself beyond those limits.



You can purchase hunting and fishing licenses, cross-country ski passes and snowmobile trail stickers through the Electronic License System.

Online: [www.iowadnr.gov](http://www.iowadnr.gov), by phone: (515) 281-5918

or visit one of the ELS agents available throughout Polk County:

## **ALTOONA**

### **ARCHERY FIELD & SPORTS**

3725 NE 56th St. | Altoona | (515) 265-6500

### **BASS PRO SHOPS OUTDOOR WORLD**

1000 Bass Pro Dr. NW | Altoona | (515) 957-5500

### **HYVEE INC. #1001**

108 8th St. NW | Altoona | (515) 967-7676

### **WALMART #2764**

3501 8th St. SW | Altoona | (515) 976-1711

## **ANKENY**

### **HYVEE INC. #1022**

410 N Ankeny Blvd. | Ankeny | (515) 964-0450

### **SPORTSMAN'S WAREHOUSE #120**

921 SE Oralabor Rd. | Ankeny | (515) 963-3500

### **WALMART #0892**

1002 SE National Dr. | Ankeny | (515) 963-1111

## **CLIVE**

### **DAHLS/HICKMAN**

8700 Hickman Rd. | Clive | (515) 276-4955

## **CLIVE, CONTD.**

### **DAHLS/W HICKMAN**

15500 Hickman Rd. | Clive | (515) 987-0366

### **KMART #3447**

10331 University Ave. | Clive | (515) 222-0868

## **DES MOINES**

### **2ND AVE. BAIT HOUSE**

133 Franklin Rd. | Des Moines | (515) 282-4217

### **DAHLS/BEAVER**

1819 Beaver Ave. | Des Moines | (515) 255-3151

### **BIG CREEK MARINA**

6110 SE 6th Ave. | Des Moines | (515) 263-8467

### **DAHLS/E 33RD**

3400 E 33rd St. | Des Moines | (515) 262-7942

### **DAHLS/E EUCLID**

1320 E Euclid Ave. | Des Moines | (515) 265-4257

### **DAHLS/FLEUR**

4121 Fleur Dr. | Des Moines | (515) 285-5927

## **DES MOINES, CONTD.**

### **DAHLS/INGERSOLL**

3425 Ingersoll Ave. | Des Moines | (515) 255-3118

### **DAHLS/MERLE HAY**

4343 Merle Hay Rd. | Des Moines | (515) 278-1657

### **DAHLS/N ANKENY**

1802 N Ankeny Blvd. | Des Moines | (515) 289-0908

### **DNR RECEPTION #2**

502 E 9th St. | Des Moines | (515) 281-7656

### **DNR RECEPTION #1**

502 E 9th St. | Des Moines | (515) 281-5876

### **HYVEE INC. #1138**

2540 E Euclid Ave. | Des Moines | (515) 262-0640

### **HYVEE INC. #1142**

3221 SE 14th St. | Des Moines | (515) 243-7271

### **HYVEE INC. #1148**

4707 Fleur Dr. | Des Moines | (515) 285-7266

### **HYVEE INC. #1151**

1113 SE Army Post Rd. | Des Moines | (515) 953-0946

### **KMART #4160**

2535 Hubbell Ave. | Des Moines | (515) 262-5628

### **KMART #4156**

7501 Hickman Rd. | Des Moines | (515) 276-6712

### **WALMART #1723**

5101 SE 14th St. | Des Moines | (515) 287-7700

## **EARLHAM**

### **STONEHAVEN SPORTING SHOOT CLUB**

1005 Kiowa Ave. | Earlham | (515) 202-5668

## **GRIMES**

### **GRIMES TRUE VALUE**

204 1st St. | Grimes | (515) 986-0031

### **WALMART #5748**

2150 E 1st St. | Grimes | (515) 986-1783

## **JOHNSTON**

### **DAHLS/JOHNSTON**

5440 NW 86th St. | Johnston | (515) 278-0300

### **HYVEE INC. #1318**

5750 Merle Hay Rd. | Johnston | (515) 270-9045

### **JOHNSTON BAIT & TACKLE**

6148 Merle Hay Rd. | Johnston | (515) 254-1976

## **PLEASANT HILL**

### **HYVEE INC. #1530**

4815 Maple Dr. | Pleasant Hill | (515) 262-7956

## **POLK CITY**

### **POLK CITY BAIT & TACKLE**

301 Walnut St. | Polk City | (515) 984-6711

## **URBANDALE**

### **HYVEE INC. #1759**

8601 Douglas Ave. | Urbandale | (515) 270-2572

## **WEST DES MOINES**

### **DAHLS/EP TRUE VALUE**

5003 EP True Pkwy. | West Des Moines | (515) 224-0111

### **DAHLS/PROSPECT**

1208 Prospect Ave. | West Des Moines | (515) 223-4626

### **SPORTS AUTHORITY**

4100 University Ave. | West Des Moines | (515) 226-9700



# ICE SAFETY GUIDELINES:



THERE IS NO SUCH THING AS 100% SAFE ICE!!!

## Did you know?

- Ice always forms unevenly. It can be 2 feet thick in one spot, and just a few inches thick a couple feet away.
- The most dangerous ice is formed over flowing water. It's Especially dangerous near streams, culverts and bridges. Also, the faster the water is running, usually means the weaker the ice will be.
- Snow insulates the ice and slows the freezing process. The added weight of the snow reduces the strength of the ice. Also, ice that is closer to shore is usually weaker than ice farther out.
- Cracking and rumbling ice isn't always bad. The ice expands and contracts as the temperature rises and falls.
- Fish and birds/wildlife can also effect the ice. Schools of fish can bring warm water from the bottom of lakes, and open holes in seemingly thick ice.
- ALWAYS BE CAUTIOUS WHEN YOU ARE ON ICE!



# Shop • Dine • Play • Stay



# LOCALLY

...and support the community you live in!



## Operating Watercraft

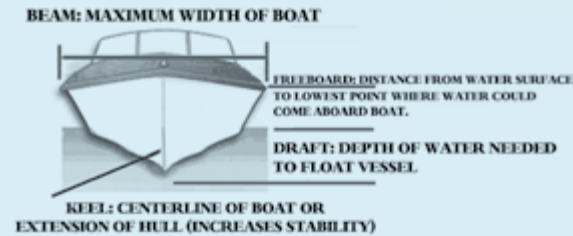
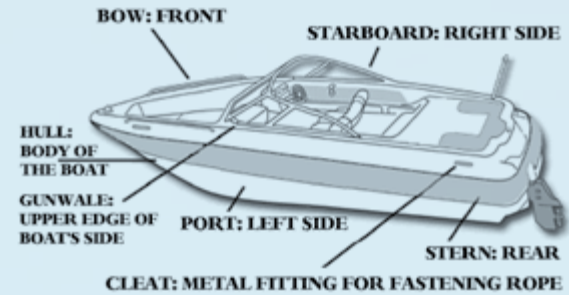
FOLLOW THESE GUIDELINES TO HELP PREVENT AND PREPARE FOR CAPSIZING, SWAMPING, OR SOMEONE FALLING OVERBOARD.

- MAKE SURE THAT YOU AND YOUR PASSENGERS ARE WEARING LIFE-JACKETS WHILE THE BOAT IS MOVING.
- ATTACH THE IGNITION SAFETY LANYARD TO YOUR WRIST, CLOTHES, OR LIFE JACKET.
- DON'T ALLOW ANYONE TO SIT ON THE GUN WALE, BOW, SEAT BACKS, MOTOR COVER, OR AREAS NOT DESIGNED FOR SEATING. ALSO, DON'T LET ANYONE SIT ON PEDESTAL SEATS WHEN CRAFT IS NOT IN IDLE.
- DON'T OVERLOAD YOUR BOAT. BALANCE THE LOAD OF PASSENGERS AND GEAR STORED ON-BOARD.
- KEEP YOUR CENTER OF GRAVITY LOW BY NOT ALLOWING PEOPLE TO STAND UP OR MOVE AROUND WHILE CRAFT IS IN MOTION.
- IN SMALL BOATS, DON'T ALLOW ANYONE TO LEAN BEYOND THE GUNWALE.
- TURN BOAT AT SLOW RATES OF SPEED.
- SECURE THE ANCHOR LINE TO THE BOW, NEVER TO THE STERN.
- DON'T RISK OPERATING WATER CRAFT IN ROUGH CONDITIONS OR BAD WEATHER.

## Who May Operate a Motorboat

(OTHER THAN A PERSONAL WATERCRAFT)

- **FOR ENGINES 25 HORSEPOWER OR LESS:**
  - THOSE UNDER AGE 12 MAY OPERATE WITHOUT RESTRICTIONS.
- **FOR ENGINES OVER 25 HORSEPOWER THROUGH 75 HORSEPOWER:**
  - THOSE UNDER AGE 12 MUST HAVE SOMEONE 21 YEARS OF AGE OR OLDER ON BOARD WITHIN REACH OF THE CONTROLS.
- **FOR ENGINES OVER 75 HORSEPOWER:**
  - NO CHILDREN UNDER AGE 12 MAY OPERATE, EVEN WITH AN ADULT ON BOARD.
  - OTHER RESTRICTIONS APPLY TO BOAT OPERATORS 12 TO 17 YEARS OLD:
    - OPERATORS FROM 12 TO 17 YEARS OF AGE MAY OPERATE ENGINES OF 25 HORSEPOWER OR LOWER WITH NO RESTRICTIONS.
- **FOR ENGINES OVER 25 HORSEPOWER:**
  - OPERATORS 12 TO 17 YEARS OF AGE MUST HAVE: A WATERCRAFT OPERATOR'S PERMIT, OR SOMEONE AGE 21 YEARS OR OLDER OLD ON BOARD WITHIN REACH OF THE CONTROLS.

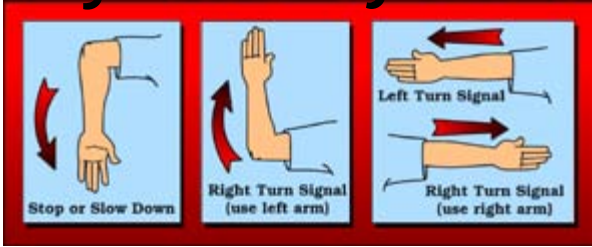


## All Watercraft Must Have...

- AT LEAST ONE COAST GUARD APPROVED TYPE 1, 2, 3 OR 5 FLOTATION DEVICE THAT IS THE PROPER SIZE FOR EACH PERSON ON BOARD OR BEING TOWED.
- ALL DEVICES MUST BE IN GOOD CONDITION AND EASILY ACCESSIBLE.
- CHILDREN UNDER AGE 10 MUST WEAR A DEVICE WHEN ON BOARD A BOAT THAT IS UNDERWAY UNLESS:
  - IN AN ENCLOSED CABIN OR BELOW DECK OR ON AN ANCHORED BOAT THAT IS BEING USED FOR SWIMMING OR DIVING OR PASSENGER CRAFT WITH A LICENSED CAPTAIN.
- ALONG WITH THE ABOVE AT LEAST ONE APPROVED TYPE 4 MUST BE ON BOARD BOATS 16 FT. OR LONGER (EXCEPT CANOES AND KAYAKS) AND IMMEDIATELY AVAILABLE.
- A COAST GUARD APPROVED TYPE 5 DEVICE MAY BE SUBSTITUTED FOR ANY OTHER COAST GUARD APPROVED DEVICE IF IT MEETS THE SAME REQUIREMENTS AND IS NOTED ON THE LABEL.
- ANYONE RIDING A JET SKI OR OTHER PERSONAL WATER CRAFT MUST WEAR AN APPROVED -NON INFLATING FLOTATION DEVICE, AS WELL AS ANYONE BEING TOWED BY A WATER CRAFT.



## Bicycle Hand Signals



## Snowmobile Hand Signals

Communication is an essential part of safe riding. Hand signals are a practical way to communicate between other riders and traffic.

Be sure to give easy to see and clear hand signals when snowmobiling. Hand signals should never be subtle, but always deliberate.

<b>Right Turn</b>	<b>Slowing</b>
<b>Stop</b>	<b>Sleds Following</b>
<b>Left Turn</b>	<b>Last Sled in Line</b>
	<b>Oncoming Sleds</b>



### Read the owner's manual

and know your vehicle thoroughly.

- Check your vehicle before you ride.
- Wear protective equipment and clothing.
- Don't lend your vehicle to unskilled riders.
- Supervise young or inexperienced riders.
- Never carry a passenger on vehicles meant for one rider.
- Do not operate under the influence of drugs or alcohol.
- Drive at speeds that are appropriate to trail conditions.
- Stay to the right on trails.
- Stay away from thin ice, open water and wetlands.
- Know the weather forecast.
- Make sure headlights and taillights work properly.
- Maintain safe distances between other riders.
- Reduce your speed when riding at night.
- Yield to other motor vehicles and trail users.
- Young or beginning riders are encouraged to take a safety training course.

# Know Your ATV





## Drink lots of Water!

- Always wear a properly fitting bike helmet as most serious injuries are to the head.
- Be sure your handlebars, seat and wheels fit snugly.
- Keep your bike in good shape by checking and oiling your chain, making sure your brakes work properly and maintaining your tire pressure.
- Always ride with both hands on the handlebars except when doing turn signals.
- When leaving a driveway, curb or alleyway always stop and check for traffic in both directions.
- Cross only at intersections.
- Use the crosswalk to walk your bike across busy intersections and follow the traffic signals.
- Never ride against traffic. Travel in the same direction as the cars.
- Whenever you can, use bike routes and avoid busy streets.
- Don't ride near parked cars as doors can open and cause accidents.
- Obey all traffic signs and traffic lights.
- When biking with friends, ride in a single file.
- Always pass other bikers or pedestrians on the left and say "On your left!" to make your presence known.
- Always use bicycle hand signals to alert traffic of your changing direction.

## Be Cautious of Other Bikers

**PRIVATE PROPERTY**  
**NO TRESPASSING**

Please respect private property and no trespassing signs. Stay on trails. Exercise extreme caution on all lakes and streams. Obey all state and local laws and ordinances. Do not operate snowmobiles/ATV's on county roads or state highways.

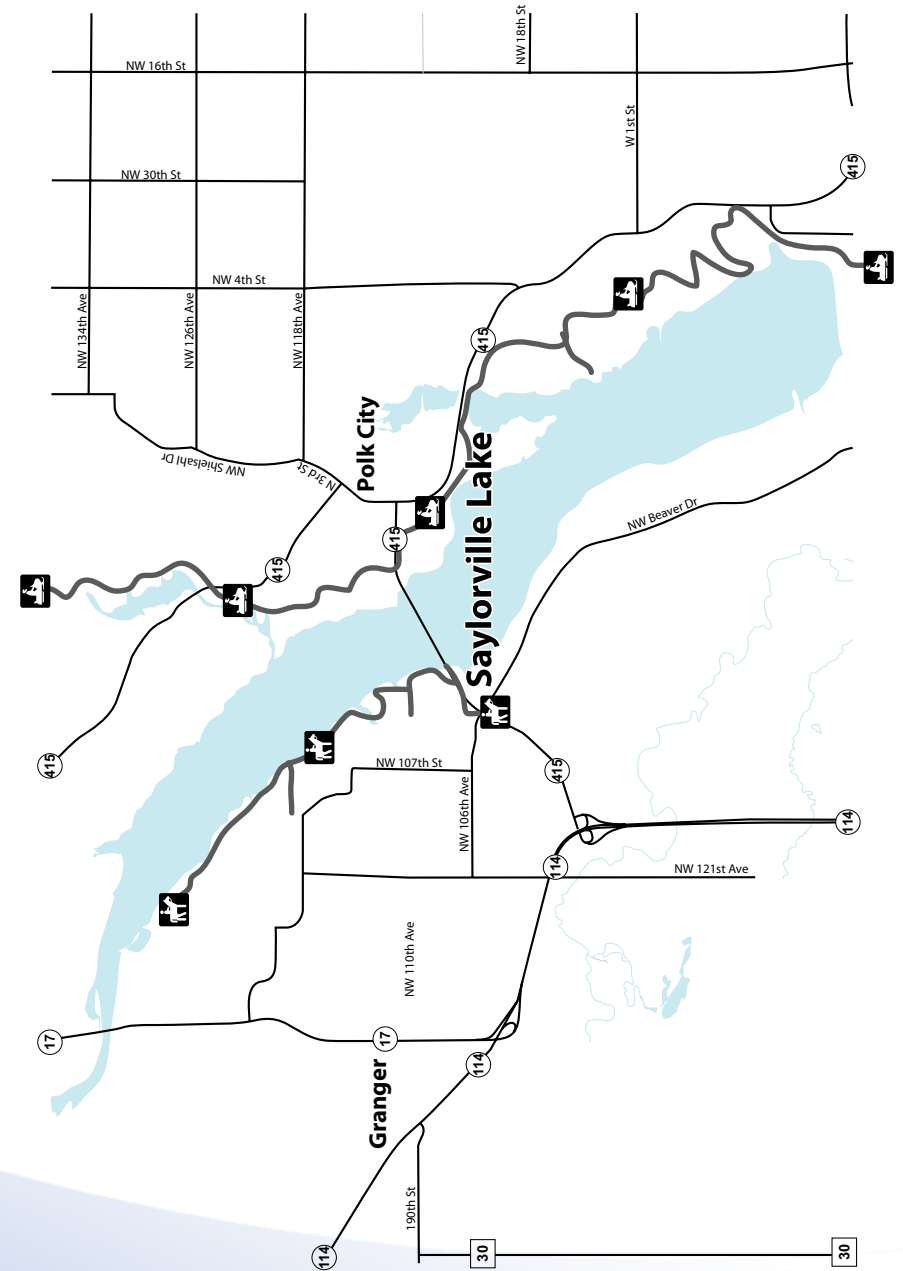
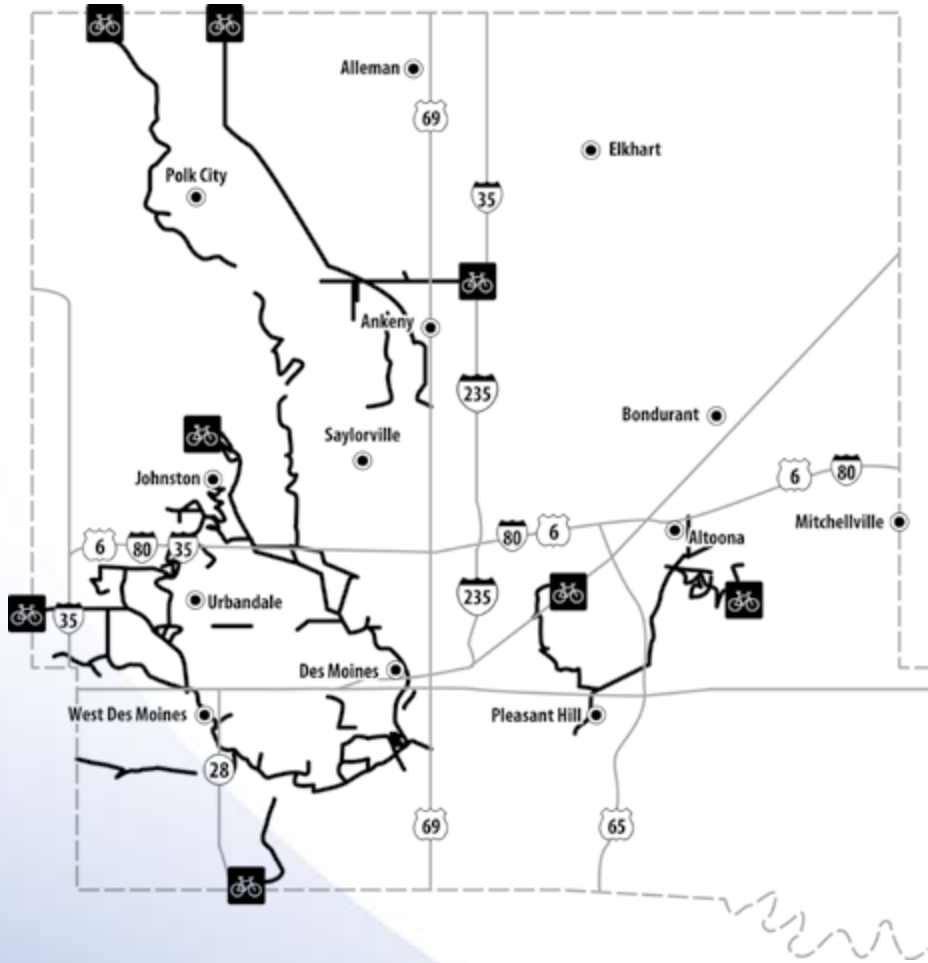
- Do not consume alcohol or take drugs prior to or during your snowmobile trip. Doing so increases your chances of injury or death.
- Slow down and don't cut to the inside of the trail corners. It's dangerous and illegal.
- If you snowmobile at night, don't override your lights.
- Always use the buddy system. Never ride off alone.
- Drowning is one of the causes of many snowmobile fatalities. Whenever possible, avoid the ice.
- Wear sensible, protective clothing designed for operating a snowmobile.
- Use a full size helmet, goggles, or visor to prevent injuries from twigs, stones, ice chips and other debris.
- Avoid wearing long scarves. They may get caught in moving parts of the snowmobile.
- Know the terrain you are going to ride. If unfamiliar to you, ask someone who has traveled over it before.
- Know the weather forecast, especially the ice and snow conditions.
- Be sure your snowmobile is in top-notch mechanical condition throughout the months of use.
- Familiarize yourself with the snowmobile you are driving. Thoroughly read the manual that accompanies the snowmobile.
- Do not pursue domestic or wild animals. That is not the conduct of a sportsman. Report such violations to the nearest law enforcement officer.

# Slow Down!

Snowmobiling is fun. Going to the hospital isn't.







# Bike Trails



Hey!  
check  
it out!!!

COLOR ME!



## SILLY JOKEs...

Q: Why do dogs run in circles?  
A: Because its hard to run in squares!

Doctor, Doctor my son has swallowed my pen, what should I do?  
Doctor: Use a pencil 'till I get there..!

Q: What's the worst thing you're likely to find in the school cafeteria?  
A: The food!

Q: Who invented fractions?  
A: Henry the 1/8th!

The Perfect homework excuse...  
Teacher: Where is your homework?  
Student: I lost it fighting this kid who said you weren't the best teacher in the school!

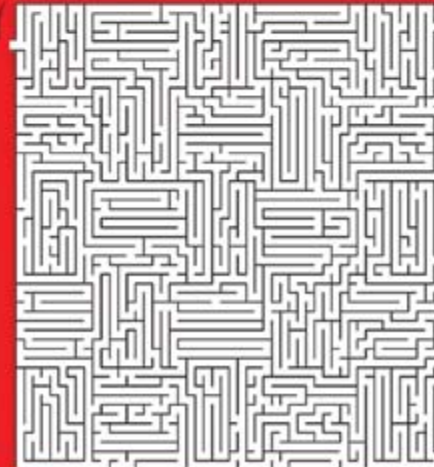
Q: Why does a flamingo lift up one leg?  
A: Because if he lifted up both legs it would fall over!

Q: What runs but never walks?  
A: Water!

Q: Did you hear about the fool who keeps going around saying "no"?  
A: "No...?" Oh, so it's you?



Can you find your way?



## Sudoku

	5				
2		7 3			6 1
3	8 7		2		4
8	5		6		
7 3		4			9 6
		5		3	2
1		4		2 7 8	
9 7		1 8			5
					1



End Here!



## PARENTS:

- Teach your kids that an emergency is when you need help from a doctor, a police officer or a firefighter.
- Designate a safe place by your house that a child can go to if they need help right away.
- Have your kids memorize your address and phone numbers. They should also know your full name and where you work.

## KIDS:

### FIRE SAFETY

- If you or someone else is on fire - remember to STOP, DROP and ROLL. Wrap a blanket on the person to help put out the fire.
- If there is a fire, leave the house as fast as you can! Crawl on the floor to avoid smoke and if the door is hot, don't open it - find another way out.
- Learn all the fire exits in your house. Assign a safe place outside for everyone to meet in case of a fire emergency.

### HOME ALONE

- Never tell anyone that you are home alone.
- If someone calls and asks for your mom and dad, tell them "They cannot come to the phone right now, can you please call back later?"
- Do not answer the door, unless it is someone that you know your parents have okay'd them to come over.



## FIRST AID FOR INSECT BITES/ANAPHYLAXIS & POISON SAFETY

### INSECT BITES/ANAPHYLAXIS

Anaphylaxis is a severe allergic reaction from insect bites (latex, food and drug allergies can also cause Anaphylaxis). Typical symptoms include hives, the swelling of lips or eyes, swollen throat, drop in blood pressure, light headedness, confusion, nausea or diarrhea. If someone is having an allergic reaction from an insect bite with these symptoms:

### POISON PREVENTION

Teach your children about poison and how it can look like a food or drink. They should always ask an adult before eating or drinking anything. Have them learn the poison control phone number: 1-800-222-1222 and keep it programmed or posted near all your phones. Here are some prevention tips.

**Lock up your poisons and medications.** Keep them out of the reach of children, lock them up if possible. Make sure your children understand that medicine is not candy.

**Follow directions carefully.** Read your labels. Be sure to use and store all poisons and medications properly according to recommendations.

**Keep your pets safe from household chemicals, too.** Don't allow pets near areas that have just been cleaned with chemicals, such as freshly mopped floors or bleached bathtubs and sinks. Clean up any anti-freeze/coolant spills. Pets like the flavor but they can die if they ingest it. Store poisonous foods or plants in areas that your pets cannot access. Call your local emergency veterinary hospital if you believe your pet has been poisoned.





## FIRST AID FOR BURNS & CHOKING

### BURNS

**For minor 1st and 2nd degree burns smaller than 3" in diameter:** Cool the Burn. Run cool water over the burned area for 5 minutes, or until the pain diminishes. Never put ice on a burn!

### Bandage the burn with sterile gauze:

It is important to use loosely wrapped gauze. This will avoid pressure and the bandage protects blisters. NEVER put lotions, vaseline, ointments or butter on burn. Do not break any blisters, which can cause infection.

### Take Aspirin, Ibuprofen, Naproxen or Acetaminophen to relieve pain:

Minor burns usually heal with these basic treatments. Be aware for signs of infection which may include: increased pain, redness, fever, swelling or oozing. If symptoms develop, seek medical help. Avoid tanning the burned area for at least a year. Protect the area with sunscreen outdoors. Avoid giving aspirin to children.

### For 3rd degree burns/all major burns - DIAL 911

**DO NOT run cold water over large severe burns - this can cause shock.**

**DO NOT remove burnt clothing.**

**Check for signs of breathing/coughing/movement.**

**If there are no signs of breathing begin CPR.**

**Elevate burned areas above heart level, if possible.**

**Cover the burn(s) with cool, sterile, moist bandages, towels or cloth.**

### CHOKING

Most people clutch at their throats when choking, an obvious symbol for help. However, if a person isn't giving that signal, be alert for these indications. Inability to talk, difficulty breathing or noisy breathing, inability to cough forcefully, skin/lips/nails turning blue, loss of consciousness.

The Red Cross recommends a "five-and-five" method for first aid: First give five blows between the person's shoulders with the heel of your hand. Second, perform the Heimlich maneuver (abdominal thrusts) five times. Alternate between five back blows and five abdominal thrusts until the blockage is dislodged.



**IN AN EMERGENCY, DIAL 911**

# The Garden Grill

**BEST HAPPY HOUR SPECIALS IN TOWN!**  
**DAILY HAPPY HOUR**  
4-6 pm & 9-close  
1/2 Off Most Appetizers  
\$3.49 18 oz House Margaritas  
\$2.00 Domestic Bottles  
\$2.50 Import Bottles

### APPETIZERS INCLUDE:

Bacon Wrapped Shrimp,  
Crab Cakes,  
Calamari,  
Macho Nachos,  
Buffalo Wings,  
Coconut Shrimp  
and More!

**Monday:** 2 for \$20  
**Tuesday:** Burger Night  
8oz Burger & Fries \$6.99  
(Plus Happy Hour-All Night Long)  
**Wednesday:** Pasta Night  
All You Can Eat Pasta  
Cooked right at your table  
\$13.99

**Thursday:** Jambalaya Night or  
Prime Rib \$15.99 - House Wine \$3.50

**Friday & Saturday:** Chef Special  
Fresh Fish \$18 and up - Prime Rib 10oz \$18.99 -  
12oz \$21.99

**Sunday Brunch Buffet:** 10am - 2pm  
Bloody Mary & Mimosa \$3.00  
After 2pm Regular Menu  
Kids Eat FREE • \$10 Any Pasta

**DRINK SPECIALS Friday:** Long Island \$5  
**Saturday:** House Margarita \$3.49

*\*Prices subject to change.*

[www.gardengrilldm.com](http://www.gardengrilldm.com)

Sunday Breakfast 8-10

Sunday Brunch 10-2

Find us on



8385 Birchwood Ct. • Johnston, IA  
Phone 278-5227

Find us on



Hours: Mon-Thur 11-10 | Fri-Sat 11-10:30 | Sun 8-9