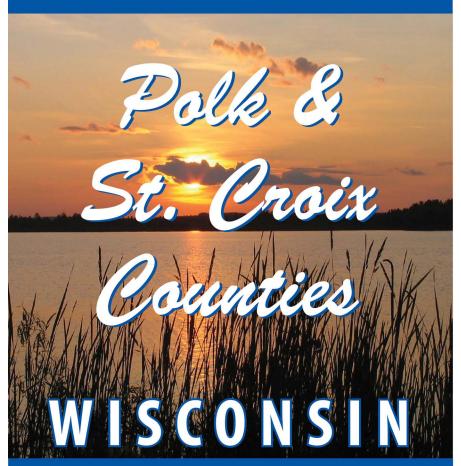
# FREE RESIDENT GUIDE



What's Inside: Businesses • Directory • History Events and more



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### Local Area Events

#### JANUARY

River Falls Community Martin Luther King Jr. Breakfast Frederic Cutter & Sleigh Parade Northern Lakes Center for the Arts | Amery Fireman's Oyster Supper | Clear Lake Vinterfest at D.D. Kennedy Park | Amery St. Joseph's Ice Fishing Contest | Amery WinterFest | Balsam Lake Winter Fun Day | Frederic Chateau St. Croix Renaissance Dinner | St. Croix Falls

#### FEBRUARY

Hot Air Affair | Hudson Ice Fishing Contest | Polk & St. Croix Counties Luck Winter Carnival CandleLight Ski | St. Croix Falls Winter Carnival & Fishing Contest | Clam Falls Roast Beef & Pork Dinner | Amery Swedish "Palt" Dinner | McKinley

#### MARCH

Pancake Breakfast at Camp St. Croix Spring Showcase | Hudson St. Ann's Flea Market | Turtle Lake Maple Fest | Amery Homestead Spring Craft & Bake Sale | Osceola

#### APRIL

Spring in Bloom | Eau Galle Rec Area Woodland Flowers in Bloom | Kinnickinnic State Park Bowl for Kid's Sake | Hudson Spring Home, Garden & Sports Show | Amery Trollhaugen Gun Show | Dresser EMT Smelt Fry | Luck Easter Egg Hunt | Amery American Legion Smelt Fry | Turtle Lake Community Center Bash/Auction | Cushing St. Peter's Lutheran Church Spring Sale | Luck Rod & Gun Club Smelt Fry | Balsam Lake ArtBarn Annual Friends Show | Osceola Polk County Sportsman Show | St. Croix Falls

#### MAY

100 Mile Garage Sale | Polk & St. Croix Counties House to House Garage Sale | New Richmond Syttende Mai | Woodville Spring Sparkler | New Richmond "UFFDA" Trail Run | Woodville County Wide EarthArts Studio Tour | Polk County Danish Aebleskiver Dinner | Luck American Cancer Society Walk & Run | Amery, Frederic Community Wide Garage Sales | Frederic American Cancer Society Walk & Run | Luck Mothers Day Pancake Breakfast | Wanderoos Mothers Day Brunch | Osceola St. Croix Casino Anniversary Week | Turtle Lake Memorial Day Dinner | Amery

#### JUNE

Somerset Pea Soup Days Park Art Fair | New Richmond Good Neighbor Days | Roberts Apple River Country Splash | Somerset SCVR Round Barn Rally | North Hudson Town & Country Day | River Falls River Rock Music Fest | Hudson Apple River Days | Somerset American Patriot Rally Fun Fest | Hudson Booster Days | Hudson Cattail Trail Days | Amery Kids are First Fishing Contest | Milltown Dairy Days/Lawn Tractor Race & Tractor Race | Osceola National Trails Day | St. Croix Falls Community Garage Sale | Osceola Richardson Sportsmen's Free Fishing | Clayton Plant & Bake Sale | Amery Hansen Farms Softball Tournament | Milltown Frederic Bicycling Classic National Snowmobile Watercross | Frederic Clayton Cheese Days | Clayton Frederic Family Days Amery Art Fair Neil McKenzie Youth Fishing Contest | Deer Lake Fathers Day Brunch | Osceola

### Local Area Events

#### JUNE (CONTD.)

Heritage Days | Clear Lake American Cancer Relay for Life | St. Croix Falls Fisherman's Party | Milltown Community Homestead Pig Roast | Osceola Fireworks Celebration | Osceola Little Falls BBQ & Ice Cream Social | Amery Old Settlers Pot Luck Picnic | Cushing

#### JULY

July Booster Days | Hudson **River Falls Days** Fun Fest | New Richmond Willow River Run & Walk | Hudson St. Croix Music & Art Festival | Hudson St. Croix County Fair | Glenwood City Freedom Festival | Balsam Lake Fireworks | Amery 4th of July Parade | Clam Falls 4th of July Celebration | Wanderoos, Spring Valley Memory Days | Centuria InterCounty Fair | Turtle Lake Pie & Ice Cream Social | Milltown Wannigan Days | St. Croix Falls Lucky Days | Luck Pro Bass Tournament | Balsam Lake Brewfest | Clayton St. Dominics Summerfest | Frederic Polk County Fair | St. Croix Falls Indianhead Gem & Mineral Show | Frederic Chamber Golf Tournament | Frederic

#### AUGUST

Rib-Blues Fest | Prescott Hammond Fun Days Star Prairie Ox Cart Days Pepperfest | North Hudson Little Falls Bluegrass Gospel Fest | Amery Tractor Pull | Clear Lake First Responders Benefit Street Dance | Turtle Lake Charles E. Lewis Day | Lewis Cars, Crafts & Rock-n-Roll in the Park | Turtle Lake

#### AUGUST CONTD.

Lamar Music Festival | St. Croix Falls Cushing Fun Day Lion's Classic Car & Truck Show | Dresser Historical Society Pie Social | Frederic Northland Ambulance Chicken Dinner | Frederic Frederic Art & Craft Fair Indianhead Muskie Tournament | Balsam Lake Moon Lake Threshing Bee | Turtle Lake St. Peter's Lutheran Church Family Retreat | Luck

#### SEPTEMBER

Prescott Daze Art on the Kinni | River Falls **Rustic Lore Days** Kinni Willow 20 Mile | Hudson Spring Valley Dam Days Circle K Orchard Apple Fest | River Falls Autumn Trek Bicycle Tour | River Falls Autumn Taste Walk | Hudson Corn on the Curb Days | Balsam Lake Hotdish Competition | Frederic Clayton Tractor & Truck Pull Community Fair | Osceola Wheels & Wings Celebration | Osceola Art Explosion | Osceola Little Falls Lutheran Church Fall Dinner | Amery St. Ann's Harvest Dinner/Bazaar | Turtle Lake Amery Fall Festival Knitting Extravaganza | Frederic Community Homestead Open Day & Potluck | Osceola Apple River Quilt Guild | Amery Pancakes Under the Tent | Amery The River Road Hwy. 87 Ramble | Cushing Bike Show & Customer Appreciation Day | Osceola Baker Orchard Art Festival | Centuria Autumn Fest | St. Croix Falls Glenna Farms Pumpkin Patch | Amery Fall Leaf Viewing | Osceola

### Local Area Events

**DECEMBER CONTD.** 

Holiday Festival | Baldwin

Christmas in Somerset

Menorah Lighting | Baldwin

Denmark Church Cookie Walk | Luck

Glenna Farms Breakfast with Santa | Amery

Christmas Lights in the Park | Turtle Lake

New Year's Eve Masquerade Ball | St. Croix Falls

Breakfast with Santa | Amery

Country Christmas | Centuria

Christmas in Frederic | Frederic

Lunch with Santa | Osceola Chamber Christmas | Turtle Lake

Holiday Stroll | Amery

Santa Day | Milltown

Christmas Dinner | Amery

Annual Christmas Parade | New Richmond

Swedish Meatball Dinner & "The Memories" | Amery

#### OCTOBER

St. Croix Days Hilltop Fall Pumpkin Party | Hudson Lion's Fall Classic Car Show | Frederic Glenna Farms Pumpkin Patch | Amery Little Falls Fall Dinner | Amery Trollhaugen Gun Show | Balsam Lake Mixed Sampler Quilt Show | Siren Pumpkin Fest | Milltown Osceola Duathlon | Osceola Pumpkin Train | Osceola Octoberfest | Amery Lioness Chicken Dinner | St. Croix Falls Auxiliary Craft & Bake Sale | St. Croix Falls First Lutheran Church Bazaar | Cushing Railfest Model Railroad Show | Turtle Lake Toy Tractor Show | Turtle Lake Moe Lutheran Church Lutefisk Dinner | Clayton St. Ann's Flea Market | Turtle Lake Halloween Party & Dance | Frederic

#### NOVEMBER

Patchwork Quilt Show | Hudson Christmas Tour of Homes & Craft Sale | Hudson Light Up Night | Hudson Candle Light Stroll | Hudson River Dazzle Extravaganza | River Falls Polk County Homemakers Fair | Balsam Lake Turkey Party | Milltown Festival Theatre | Sidewalk Café | St. Croix Falls Venison & Beef Feed | Cushing West Immanuel Church Lutefisk Dinner | Osceola American Legion Vets Dance | Turtle Lake Fall Craft & Bake Sale | Osceola Wolf Creek Chili Feed | Cushing Senior Center Craft & Bake Sale | Amery St. Dominic's Fall Bazaar | Frederic Holly Days | St. Croix Falls

#### DECEMBER

Candle Light Stroll | Hudson Reindeer in the Park | Hudson

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503 Hwy 63 Baldwin

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Where You Want To Go.

**4** Polk & St. Croix Counties - Resident Guide

### Polk County Resident Services

Administration	(715) 485-9212
Aging & Disability Resource Center	
Corporation Counsel	
County Clerk	
Clerk of Circuit Court	485-9241
District Attorney	
EMERGENCY	
Emergency Management	
Forestry Department	
Health Department	
Highway Department	
Human Services	
Information & Technology	
Land Information	
Land & Water Resources	
Parks, Buildings & Solid Waste	
Register of Deeds	
Register in Probate	
Sheriff	
Surveying	
Treasurer	
UW Extension	
Veteran Services	

### **BUSY B'S SERVICE & WASH INC.**

TRANSMISSION REBUILDING BY HARMON PERFORMANCE TRANSMISSION

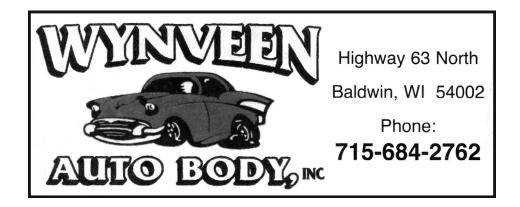
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### 715-986-220

126 OSTERMAN DR. • TURTLE LAKE, WI

### St. Croix County Resident Services

•	
Administration	(715) 381-4304
Aging & Disability Resource Center	
Building Services	
Corporation Counsel	
County Clerk	
Clerk of Circuit Court	
District Attorney	
EMERGENCY	
Emergency Management	
Forestry Department	
Health Department	
Highway Department	
Human Services	
Information & Technology	
Land & Water Resources	
Parks Department	
Register of Deeds	
Register in Probate	
Sheriff	
Solid Waste	
Treasurer	
UW Extension	
Veteran Services	
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### Polk County History (Balsam Lake, County Seat)

The first white explorers to venture to the St. Croix River area came in 1680. They were Daniel Graysolon and Sieur du Lhut, along with their fellow French-Canadian companions. Settlers to the area came as early as 1837, but it wasn't until 1838 that the St. Croix Falls settlement began. Many early settlers were Scandinavian and selected Polk County because it resembled their native homeland. Polk County was established in 1853 and it was formed from what had previously been St. Croix County. As the railroad arrived in 1883, Polk County began to grow and communities formed near rivers and rail stations. Polk County was named after the eleventh U.S. President, James K. Polk. Today Polk County is home to approximately 41,319 residents.

ALDEN – pop. 2,615 AMERY – pop. 2,845 APPLE RIVER – pop. 1,067 BALSAM LAKE (COUNTY SEAT) – pop. 950 BEAVER – pop. 753 BLACK BROOK – pop. 1,208 BONE LAKE – pop. 710 CENTURIA – pop. 865 CLAM FALLS – pop. 547 CLAYTON – pop. 912 CLEAR LAKE – pop. 1,051 DRESSER – pop. 732 EUREKA – pop. 1,338 FARMINGTON – pop. 1,625 FREDERIC – pop. 1,262 GARFIELD – pop. 1,443 GEORGETOWN – pop. 1,004 JOHNSTOWN – pop. 520 LAKETOWN – pop. 918 LINCOLN – pop. 2,304 LORAIN – pop. 328 LUCK – pop. 1,210 MCKINLEY – pop. 328 MILLTOWN – pop. 1,146 OSCEOLA – pop. 2,421 ST. CROIX FALLS – pop. 2,033 STERLING – pop. 724 WEST SWEDEN – pop. 731 \*Populations are approximate

### Polk County Communities

#### AMERY

Settlers were drawn to the Amery area because of its ample forest and proximity to the nearby river. A sawmill was constructed and a community began to grow around it. A dam was built to supply the sawmill and the community was first known as Big Dam. As the railroad arrived in 1887, more settlers began to arrive and establish businesses including a hotel, general stores, saloons, a bank and a brickyard. The community was then renamed Amery to honor William Amery, a prominent local resident. Today Amery is home to approximately 2,845 residents.

#### BALSAM LAKE (COUNTY SEAT)

Originally home to Chippewa Indians, Balsam Lake was settled in the 1850s. The name Balsam Lake comes from the word Innenehinduc, which translates to Place of Evergreen. The town of Balsam Lake was organized in 1870 and early businesses included a blacksmith shop, general stores, creameries, sawmills, hardware store, bank and a town hall. Today Balsam Lake is the county seat of Polk County and is home to approximately 950 residents.

#### LUCK

The first settler to the area was William Foster, who arrived in 1857. In 1869, Danish immigrants organized a township. The railroad arrived in 1901 and the community began to grow. The first cooperative creamery in the United States was built here and early industry included dairy farming and agriculture. Once known as Lawson City, Luck became incorporated as a village in 1905. Today Luck is home to approximately 1,210 residents.

#### OSCEOLA

In 1844, settlers from Maine, including William Kent, came to the area and built a sawmill. The area was named Leroy, after the first white man who died there, and Bluffville, after nearby sandstone cliffs. By 1855, William Kent owned the entire claim. In 1858, the name of the two settlements was changed to Osceola, named by James Livingston in honor of the great Seminole Indian Chief of Florida. Once a popular steamboat stop, Osceola began to thrive as the railroad arrived in the late 1880s. Today Osceola is home to approximately 2,421 residents.

#### **ST. CROIX FALLS**

Settlers arrived to the St. Croix Falls area in 1838 and early industry included logging. Sawmills were built near the falls and soon grist mills, specialty shops, general stores and flour mills were thriving. A hydropower plant was built in the early 1900s to harness the power of the falls and the community continued to grow. Today St. Croix Falls is home to approximately 2,033 residents.

8 Polk & St. Croix Counties - Resident Guide



### St. Croix County History (Hudson, County Seat)

In 1840, the first settlement in the area was located at the mouth of the Willow River. The land was settled by Louis Massey and Peter Bouchea. The legislature of Wisconsin created the county of St. Croix that same year and named it after the St. Croix River. By 1849, resident Moses Perrin opened a boarding house in what is now the city of Hudson. The United States Land Office was established in Hudson in 1849, which helped increase the population and the community was selected as the county seat. The primary industry for the area was farming and in 1881, wheat had become the main crop. Today St. Croix County is home to approximately 63,155 residents.

<b>BALDWIN</b> – pop. 2,667
САДҮ — рор. 710
<b>CYLON</b> — pop. 629
DEER PARK – pop. 227
EAU GALLE — pop. 882
EMERALD — pop. 691
ERIN PRAIRIE – pop. 658
FOREST – pop. 590
GLENWOOD CITY – pop. 1,183
HAMMOND – pop. 1,153
HUDSON (COUNTY SEAT) – pop. 8,775
KINNICKINNIC – pop. 1,400
NEW RICHMOND – pop. 6,310
NORTH HUDSON – pop. 3,463

PLEASANT VALLEY – pop. 430 RICHMOND – pop. 1.556 ROBERTS – pop. 969 RUSH RIVER – pop. 498 SOMERSET – pop. 1,556 SPRINGFIELD – pop. 808 ST. JOSEPH – pop. 3,436 STANTON – pop. 1,003 STAR PRAIRIE – pop. 2,944 TROY – pop. 3,661 WARREN – pop. 1,320 WILSON – pop. 176 WOODVILLE – pop. 1,104 \*Populations are approximate

### St. Croix County Communities

#### BALDWIN

Founded by Dana Reed Bailey, Baldwin was originally known as Clarkesville. Flour mills and sawmills were built near the river and in 1871 the railroad arrived. The community was renamed Baldwin after the West Wisconsin Railroad president, D.A. Baldwin. Today Baldwin is home to approximately 2,667 residents.

#### **GLENWOOD CITY**

Settled in 1880, Glenwood City was named after the nearby ample forests. As the railroad arrived in 1885, Glenwood City began to grow and lumber mills were established. By 1890, Glenwood City was the major trading center of the St. Croix River Valley. As timber resources were exhausted, agriculture dominated industry. Today Glenwood City is home to approximately 1,183 residents.

#### HAMMOND

Settled in 1855, Hammond was named in honor of early developer R.B. Hammond. The community was platted in 1857 and the area began to grow. With the advent of the railroad, more settlers arrived to Hammond and businesses were established. Today Hammond is home to approximately 1,113 residents.

#### HUDSON (COUNTY SEAT)

In 1840, Hudson was founded by Louis Massey and Peter Bouchea. They set up a community near the mouth of the Willow River, of which it was also named. In 1848, the name was changed to Buena Vista - a name that better suited the area's beautiful views. People were drawn to the area for its lumber industry which was at the time the foremost industry. In 1852 the first mayor, A.D. Gray, petitioned to change the city's name to Hudson, as many travelers noticed the resemblance of the St. Croix River to the Hudson River in New York. The railroad came to Hudson in 1871 and helped increase the population dramatically. Today Hudson is the county seat of St. Croix County and is home to approximately 8,775 residents.

#### KINNICKINNIC

Founded in the mid 1800s, settlers were attracted to the rivers, streams and pastures of the Kinnickinnic area. The community is named after the Indian word Kinnickinnic, meaning what is mixed as a tobacco substitute. As the railroad was built, Kinnickinnic began to grow. Today Kinnickinnic is home to approximately 1,400 residents.

St. Croix County Communities

#### **NEW RICHMOND**

New Richmond was founded in 1857 and was named after Richmond Day who surveyed the community. By 1880 many businesses had been established and in 1899 a deadly tornado almost destroyed the town, wiping out entire blocks. Within five months, most of the community was rebuilt. Today New Richmond is home to approximately 6,310 residents.

#### SOMERSET

Joseph and Louis Parent, who were French-Canadian explorers, came to the St. Croix area in 1850 looking to homestead. They established their settlement on the bluffs above the mouth of the Apple River. Since potatoes grew well here, the spot was named La Pointe de la Pomme de Terre, which translates to point of the apples of the earth. Settlers Samuel and Hud Harriman arrived at the Apple River in 1856. They founded a mill, store and logging empire. Since the area closest to the St. Croix was already settled, they settled north where they built a dam for a mill. They platted a village and named it Somerset in honor of their father's birthplace, Somerset County, England. In 1856, the community became established as a township. Today Somerset is home to approximately 1,556 residents.

#### WOODVILLE

Named for the dense woods occupying the area, Woodville was first settled in 1870 by J. M. S. Anderson. Anderson built the first sawmill and the railroad arrived soon after in 1872. Anderson was also the community's first postmaster, establishing a post office in 1875. By 1907, a restaurant, butcher and specialty shops were built and incorporation followed in 1911. Today Woodville is home to approximately 1,104 residents.



# Tips on Recycling & Living Greener

Recycle as much as you can. Even simple everyday things, such as plastic bottles and aluminum cans, can make a huge difference.

- Switch your incandescent light bulbs to compact fluorescent ones. Save money & energy.
- $\stackrel{\sim}{\rightarrow}$  Bring your own reusable shopping bags with you to the supermarket or the mall.
- 🖄 Donate your unwanted clothing to a local charity.
- Recycle your used ink and toner cartridges. Most office supply stores accept used cartridges.
- Recycling your used batteries prevents poisonous mercury from seeping into our water supplies and soil. Switch to rechargeable ones.
- Switch to unbleached toilet paper, paper towels and coffee filters. Avoiding bleached products can help preserve the quality of our water supply and soil.
- Unplug any unused appliances, especially if you're not going to be home. Your cellphone charger uses electricity, even when you're phone isn't charging.
- Bring your own lunch. You'll avoid using non-recycleable styrofoam to-go containers and unnecessary throw-away packaging.
- Start a compost bin in your yard. There are even ones that you can store under your kitchen sink.
- Repurpose old items. Use old cd's as coasters, or empty yogurt containers to organize nuts and bolts.
  - Be crafty. Let old items be an inspiration for a craft project. Punch holes in tin cans to make candle luminaries or cut "yarn"
- Strips out of plastic shopping bags to knit or crochet into new, reusable bags.
- Have a green-cleaning product party. Invite your friends over to make enough vinegar-based homemade cleaners to share.
- Run your washer/dryer/dishwasher after 5pm. This is when less electricity is being used, especially in larger cities. In air-conditioned summer months this can help prevent black-outs.



### Parks & Recreation

#### **APPLE RIVER PARK**

Located on 18 acres near the Apple River, Apple River Park features a campground, fishing pier, hiking trails, picnic shelter, grills and playground equipment. Located in Amery.

#### ATLAS PARK

Located near the Trade River and Long Trade Lake, Atlas Park features a boat launch with fishing pier, picnic shelters, grills, playground equipment and a ball field. Located in Luck.

#### **BLACK BROOK PARK**

Located near the Apple River, Black Brook Park features a dam, fishing pier, picnic areas, grills and playground equipment. Located in Amery.

#### **DD KENNEDY ENVIRONMENTAL AREA**

Located on 106 acres near the Balsam Branch, the DD Kennedy Environmental Area is a nature preserve featuring a dam, handicap accessible fishing pier, hiking trails, picnic shelters, playground equipment and an outdoor classroom. Located in Amery.

#### **GARFIELD RECREATION AREA**

Located on 188 acres, the Garfield Recreation Area features hiking trails and is open for hunting. Located in Garfield.

#### **GLEN HILLS PARK**

Located on 700 acres near Glen Lake, Glen Hills Park features a dam, campground, golf course, boat launch with fishing pier, hiking trails, picnic shelters, playground equipment, canoe and boat rentals and a swimming beach. Located in Glenwood City.

#### **HOMESTEAD PARK**

Located near Perch Lake, Homestead Park features a handicap accessible fishing pier, hiking trails, picnic areas, playground equipment, visitor center, canoe and boat rentals and scuba-diving facilities. Located in Hudson.

### Parks & Recreation

#### **INTERSTATE PARK**

Located on 805 acres near the Dalles and St. Croix Rivers, Interstate Park features a campground, boat launch with fishing pier, hiking trails, picnic areas and a swimming beach. Located in St. Croix Falls.

#### **KINNICKINNIC COUNTY FOREST**

Located on 80 acres, the Kinnickinnic County Forest features hiking trails and is open for hunting. Located in River Falls.

#### LOTUS PARK

Located on 18 acres near Lotus Lake, Lotus Park features a boat launch with fishing pier, picnic shelter and playground equipment. Located in Dresser.

#### **PINE LAKE PARK**

Located on 7 acres near Pine Lake, Pine Lake Park features a boat launch with fishing pier and a picnic shelter with grills. Located in Erin Prairie.

#### **STANTON COUNTY FOREST**

Located on 40 acres, the Stanton County Forest features hiking trails and is open for hunting. Located in Deer Park.

#### TROY PARK

Located on 7 acres near the St. Croix River, Troy Park features picnic areas with grills, swimming beach with beach house and horseshoe pits. Located in Troy.

#### WILLOW RIVER STATE PARK

Located on 2,891 acres near Little Falls Lake, Willow River State Park features a campground, boat launch, hiking trails, picnic areas, swimming beach and nature center. Located in Hudson.





### Local Area Attractions

**AFTON CRUISE LINES** 3291 St. Croix Trail | Hudson | (651) 436-8883

**ARCHIE MONTPETIT MEMORIAL ICE ARENA** 529 Main St. | Somerset | (715) 247-4445

**BASS LAKE CHEESE FACTORY** 598 Valley View Trail | Somerset | (715) 247-5586

**CHATEAU ST. CROIX WINERY & VINEYARD** 1998 A State Rd. 87 | St. Croix Falls | (715) 483-2566

**CLEAR LAKE AREA MUSEUM** 450 5th Ave. | Clear Lake | (715) 263-2042

EMILY OLSON HOUSE 408 River St. | Osceola | (715) 294-2480

**FLOAT RITE PARK & AMPHITHEATRE** 710 Spring St. | Somerset | (715) 247-3453

**HOCKEY COMPLEX** 1820 Hanley Rd. | Hudson | (715) 386-3535

**NEW RICHMOND HERITAGE CENTER** 110 Heritage Dr. | New Richmond | (715) 246-3276

NORTHERN LAKES CENTER FOR THE ARTS 113 Elm St. W | Amery | (715) 268-6811

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**OCTAGON HOUSE** 1004 3rd St. | Hudson | (715) 386-2654

**OSCEOLA & ST. CROIX VALLEY RAILWAY** 114 Depot Rd. | Osceola | (715) 755-3750

PHIPPS CENTER FOR THE ARTS 109 Locust St. | Hudson | (715) 368-2305

POLK COUNTY MUSEUM 120 Main St. | Balsam Lake | (715) 485-9269

**ST. CROIX ART BARN** 1040 Oak Ridge Dr. | Osceola | (715) 294-2787

**ST. CROIX FESTIVAL THEATRE** 210 Washington St. N | St. Croix Falls | (715) 483-3387

ST. CROIX OFF BROADWAY DINNER THEATRE 1616 Crest View Dr. | Hudson | (715) 386-2394

SOCCER COMPLEX P.O. Box 671 | Hudson | (715) 381-7227

STONE SOUP GALLERY 225 Locust St. | Hudson | (715) 796-2221

WILLOW RIVER NATURE CENTER 1034 County Rd. A | Hudson | (715) 386-9340

### **DNR License Centers**

You can purchase hunting and fishing licenses, cross-country ski passes and snowmobile trail stickers through the Electronic License System. Online: dnr.wi.gov, Toll Free: 1 (888) 936-7463 Or visit one of the ELS agents available throughout Polk & St. Croix Counties:

AMERY **AMERY TRUE VALUE** 180 Riverplace Mall | Amery | (715) 268-7170

LUCKY BAITS LLC 859 State Rd. 46 | Amery | (715) 268-6231

MORTS MARINA 826 121st St. | Amery | (715) 268-8422

BALDWIN **DNR SERVICE CENTER** 890 Spruce St. | Baldwin | (715) 684-2914

**GREGERSON HARDWARE** 880 Cedar St. | Baldwin | (715) 684-3246

**KWIK TRIP** 940 Baldwin Plaza | Baldwin | (715) 684-5145

**BALSAM LAKE BALSAM LAKE HARDWARE** 3907 Frontage Rd. | Balsam Lake | (715) 485-3267

**HIGHWAY 46 STORE LLC** 800 N State Rd. 46 | Balsam Lake | (715) 534-3682

JONZY MARKET 1043 185th Ave. | Balsam Lake | (715) 857-5753

**PAP'S GENERAL STORE** 1637 80th St. | Balsam Lake | (715) 268-8108

STOP A SEC 101 Main St. | Balsam Lake | (715) 485-3558 **CENTURIA BOBBERSTOP TACKLE SHOP** 510 State Rd. 35 | Centuria | (715) 640-2248

**CLAYTON** CLAYTON AMOCO 110 Hwy. 63 - P.O. Box 127 | Clayton | (715) 948-4252

LAKE MAGNOR STORE 764 Hwy. 63 | Clayton | (715) 948-2935

**CLEAR LAKE CLEAR LAKE TRUE VALUE** 530 NW 3rd Ave. | Clear Lake | (715) 263-2375

CUSHING STOP A SEC 2460 Old 87 | Cushing | (715) 648-5202

FREDERIC **CLAM FALLS BAR & GRILL** 647 335th Ave. | Frederic | (715) 653-2518

**GREAT NORTHERN OUTDOORS** P.O. Box 622 | Frederic | (715) 327-4471

**HOLIDAY 78** 410 Wisconsin Ave. S | Frederic | (715) 32-8187

**GLENWOOD CITY GLENWOOD HARDWARE** 147 E Oak St. | Glenwood City | (715) 265-4871

### DNR License Centers

HUDSON CONSOLIDATED ENERGY GROUP 1088 County Rd. A | Hudson | (715) 386-8815

HOLIDAY STATIONSTORE 100 2nd St. | Hudson | (715) 386-9491

LICENSE PLATES & TAGS RENEWALS LLC 2401 Monetary Blvd. Suite 2 | Hudson | (715) 386-5000

MILLS FLEET FARM HUDSON 1001 Industrial St. | Hudson | (715) 386-3281 HUDSON CONTD. MR. CONVENIENCE 606 Brakke Dr. | Hudson | (715) 381-1449

**WALMART** 222 Crest View Dr. | Hudson | (715) 386-1101

**LUCK PINE GROVE RESORT** 1095 238th Ave. | Luck | (715) 857-5335



### **DNR License Centers**

**LUCK CONTD. STOP A SEC** 106 State Rd. 35 | Luck | (715) 472-8653

MILLTOWN HOLIDAY STATIONSTORE 101 State Hwy. 35W | Milltown | (715) 825-3535

NORTHBOUND SPORTS & LIQUOR 422 Main St. W | Milltown | (715) 825-3326

NEW RICHMOND CENEX STATION 120 Meridian Dr. | New Richmond | (715) 246-9284

**DOYLE'S FARM & HOME** 560 Deere Dr. | New Richmond | (715) 246-6184

FAMILY FRESH MARKET 110 W 4th St.| New Richmond | (715) 246-2668

**JOR-GAS II** 1893 Hwy. 63 | New Richmond | (715) 246-0821

SKOGLUNDS CONOCO 753 Knowles Ave. N | New Richmond | (715) 246-4767

WALMART SUPERCENTER 250 Richmond Way W | New Richmond | (715) 246-5509

OSCEOLA BILL'S ACE HARDWARE 202 Chieftain St. | Osceola | (715) 294-3301

**COTTOR GREEN PETRO PLUS** 253 State Rd. 35 | Osceola | (715) 755-3501

**MORKS BIG LAKE STORE** 1838 60th Ave. | Osceola | (715) 294-2342 ROBERTS HOLIDAY STATIONSTORE 900 Division St. | Roberts | (715) 749-3388

**ST. CROIX FALLS** DEER LAKE SPORTS 1766 Hwy. 8 | St. Croix Falls | (715) 483-3313

HOLIDAY STATIONSTORE 202 S Washington St. | St. Croix Falls | (715) 483-3237

MARKETPLACE FOODS 2191 US Hwy. 8 | St. Croix Falls | (715) 483-5178

MAYNARDS AMOCO 2091 218th St. | St. Croix Falls | (715) 483-5950

**SKOGLUNDS CONOCO** 1960 US Hwy. 8 | St. Croix Falls | (715) 483-9080

**ST. CROIX OUTDOORS** 1298 198th St. | St. Croix Falls | (715) 483-9515

**WALMART STORE** 2179 Hwy. 8 E | St. Croix Falls | (715) 483-1399

**SOMERSET B & J SERVICE CENTER** 410 Main St. | Somerset | (715) 247-3377

HOLIDAY STATIONSTORE 121 Main St. | Somerset | (715) 247-3863

**STAR PRAIRIE** HORSE CREEK STORE 2069 County Rd. X | Star Prairie | (715) 294-3410

RUSSELL'S SPORT N BIKE 703 Jewell St. | Star Prairie | (715) 248-3644

Polk & St. Croix Counties - Resident Guide 19

### Wisconsin Hunting Seasons

For general information on firearm safety training call: 1 (888) 936-7463

#### WHITE TAILED DEER

(NON-CWD & NON-METRO UNITS) Bow: 09/18/10 - 11/18/10; 11/29/10 - 01/09/11 Gun: 11/20/10 - 11/28/10 Muzzleloader: 11/29/10 - 12/08/10 Youth Deer Hunt: 10/09/10 - 10/10/10 Statewide Antlerless Hunt: 12/09/10 - 12/12/10

#### **BLACK BEAR\***

Dogs ARE NOT Permitted: 09/08/10 - 10/12/10 Dogs ARE Permitted: 09/15/10 - 10/05/10

#### WILD TURKEY\*

Youth Turkey Hunt: 04/10/10 - 04/11/10 Spring: 04/14/10 - 04/18/10; 04/21/10 - 04/25/10; 04/28/10 - 05/2/10; 05/05/10 - 05/09/10; 05/12/10 - 05/16/10; 05/19/10 - 05/23/10 Fall: 09/18/10 - 11/18/10; 11/30/10 - 12/31/10 Late Fall:11/29/10 - 12/31/10

#### **RING-NECKED PHEASANT**

10/16/10 - 12/31/10

#### **RUFFED GROUSE\***

Zone A: 09/18/10 - 01/31/11 Zone B: 10/16/10 - 12/08/10

#### SHARP-TAILED GROUSE

10/16/10 - 11/07/10

#### **BOBWHITE QUAIL**

10/16/10 - 12/08/10

### **GRAY (HUNGARIAN PARTRIDGE)\*** 10/16/10 - 12/31/10

**CROW** 01/25/10 - 03/20/10; 09/18/10 - 11/18/10 **MOURNING DOVE** 09/01/10 - 11/09/10

#### COTTONTAIL RABBIT

Northern Zone: 09/18/10 - 02/28/11 Southern Zone: 10/16/10 - 02/28/11

#### **GRAY & FOX SQUIRRELS**

09/18/10 - 01/31/11

#### RACCOON

Resident: 10/16/10 - 02/15/11 Non-Resident: 10/30/10 - 02/15/11

#### FOX

Northern Zone: 10/16/10 - 02/15/11 Southern Zone: 10/30/10 - 02/15/11

COYOTE Continuous

#### MUSKRAT

Northern Zone: 10/16/10 - 02/28/11 Southern Zone: 10/30/10 - 02/28/11 Winnebego: 10/30/10 - 03/15/11 Mississippi River: 1 day after duck season closes

#### MINK

Northern Zone: 10/16/10 - 02/28/11 Southern Zone: 10/30/10 - 02/28/11 Winnebego: 10/30/10 - 03/15/11 Mississippi River: 1 day after duck season closes

\*Contact the Wisconsin DNR for more information on specific hunting zones and dates: 1 (888) 936-7463

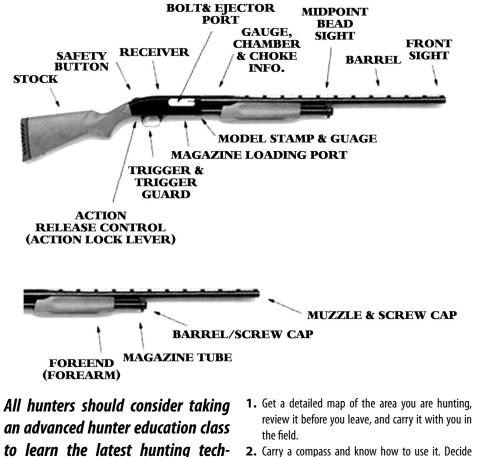


niques along with tips on coming

Here are five suggestions for a safe

and successful hunting experience:

home alive.



- **2.** Carry a compass and know how to use it. Decide ahead of time the direction to head for if you get lost or disoriented.
- **3.** Weather can change quickly in Minnesota, so hunters should carry a simple survival kit and be prepared for an unexpected overnight stay in the field. The survival kit should contain a rope, a knife, water, waterproof matches, an emergency shelter, and first aid supplies.
- **4.** If you are on the water, make sure to wear a personal flotation device (life preserver).
- **5.** Know your hunting partners' physical and emotional limitations, as well as your own, and don't push your partners or yourself beyond those limits.

Polk & St. Croix Counties - Resident Guide 21

### Wisconsin Trapping Seasons

For general information on firearm safety training call: 1 (888) 936-7463

OTTER

#### COYOTE

Northern Zone: 10/16/10 - 02/15/11 Southern Zone: 10/30/10 - 02/15/11

#### BEAVER

Zone A: 11/06/10 - 04/30/11 Zone B: 11/06/10 - 04/30/11 Zone C: 11/06/10 - 03/31/11 Zone D: 1 day after duck season closes - 03/15/11

FISHER

10/16/10 - 12/31/11

**BOBCAT** 10/16/10 - 12/25/10; 12/26/10 - 1/31/11

Northern Zone: 11/06/10 - 04/30/11 Central Zone: 11/06/10 - 03/31/11 Southern Zone: 11/06/10 - 03/31/11

\*Contact the Wisconsin DNR for more information on specific trapping zones and dates: 1 (888) 936-7463

### Wisconsin Fishing Seasons

**EARLY INLAND TROUT** 03/06/10 - 04/25/10

**GENERAL INLAND TROUT** 05/01/10 - 09/30/10

LARGE & SMALLMOUTH BASS Northern Zone (Catch & Release): 05/01/10 - 06/18/10\* Northern Zone: (Harvest): 06/19/10 - 03/06/11\* Southern Zone: (05/01/10 - 03/06/11

LAKE STURGEON (Hook & Line) 09/04/10 - 09/30/10

#### MUSKELLUNGE

Northern Zone: 05/29/10 - 11/30/10\* Southern Zone: 05/01/10 - 12/31/10\*

**NORTHERN PIKE** 05/01/10 - 03/06/11

**WALLEYE** 05/01/10 - 03/06/11

\*Contact the Wisconsin DNR for more information on specific fishing zones and dates: 1 (888) 936-7463

# Corey's Landscaping



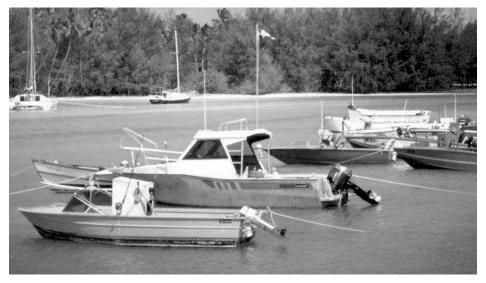
Shorelines Se Retaining Walls Terraces
Walk-out Basements Walkways Mulch
Tree Removal Bobcat Work
Spring/Fall Cleanup Rip-Rap Docks In/Out Call for Winter Installation

for QUALITY Work at an Affordable Price, Call... Corey MacKenzie, Balsam Lake, WI

Cell: 651-983-6514

### **Common Fish Species**

Bass	Crappie	Smelt
		*
Catfish	Muskellunge	Sunfish
Carp	Northern Pike	Trout
Ciscos-Tullibe-Herring	Salmon	Walleye



### **Boating Safety**

### **Operating Watercraft**

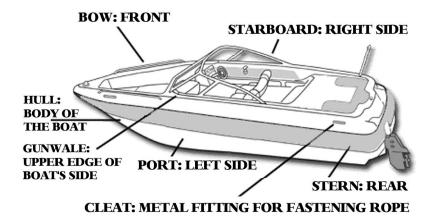
#### Follow these guidelines to help prevent and prepare for capsizing, swamping, or someone falling overboard.

- Make sure that you and your passengers are wearing life jackets while the boat is moving.
- Attach the ignition safety lanyard to your wrist, clothes, or life jacket.
- Don't allow anyone to sit on the gunwale, bow, seat backs, motor cover, or areas not designed for seating. Also, don't let anyone sit on pedestal seats when craft is not in idle.
- Don't overload your boat. Balance the load of passengers and gear stored on-board.
- Keep your center of gravity low by not allowing people to stand up or move around while craft is in motion.
- In small boats, don't allow anyone to lean beyond the gunwale.
- Turn boat at slow rates of speed.
- Secure the anchor line to the bow, never to the stern.
- Don't risk operating water craft in rough conditions or bad weather.

#### **24** Polk & St. Croix Counties - Resident Guide

## Boating Safety

Know Your Craft



#### BEAM: MAXIMUM WIDTH OF BOAT



KEEL: CENTERLINE OF BOAT OR EXTENSION OF HULL (INCREASES STABILITY)

#### Who May Operate a Motorboat (Other Than a Personal Watercraft)

#### For engines 25 horsepower or less:

Those under age 12 may operate without restrictions. For engines over 25 horsepower through 75 horsepower:

Those under age 12 must have someone 21 years of age or older on board within reach of the controls.

#### For engines over 75 horsepower:

No children under age 12 may operate, even with an adult on board.

### Other restrictions apply to boat operators 12 to 17 years old:

Operators from 12 to 17 years of age may operate engines of 25 horsepower or lower with no restrictions.

#### For engines over 25 horsepower:

Operators 12 to 17 years of age must have: A watercraft operator's permit, or someone age21 years or older old on board within reach of the controls.

### **Boating Safety**

### Flotation Devices



#### Offshore Life Jackets - Type 1:

For rough or remote waters where rescue may take awhile. Provide the most buoyancy, excellent for flotation, turns most unconscious persons face up in the water.

#### Near-Shore Vests - Type 2:



Good for calm waters when quick assistance or rescue is likely. Turns some unconscious wearers face up in the water, but not as efficiently as offshore life jackets.

#### Flotation Aids - Type 3:

Vests or full-sleeved jackets good for calm waters when quick assistance is likely. Not for rough waters. They will not turn most unconscious persons face up. Used for sports, such as water-skiing. Some inflate in water.

### Cushions ar

#### <u>Unwearable / Throwable Devices - Type 4:</u>

Cushions and ring buoys designed to be thrown to someone in trouble. Type 4 is not designed to be worn. Not for rough waters - not for anyone unable to hold on to it.



#### Special Use - Type 5:

Vests, hybrids/others designed for specific activities, for example windsurfing, kayaking, water-skiing. Some Type 5 devices inflate when entering the water. To be acceptable, Type 5 must be used in compliance with their label instructions.

**All watercraft must have at least one** Coast Guard Approved Type 1, 2, 3 or 5 flotation device that is the proper size for each person on board or being towed.

All devices must be in good condition and easily accessible.

Children under age 10 must wear a device when on board a boat that is underway unless:

in an enclosed cabin or below deck or on an anchored boat that is being used for swimming or diving or passenger craft with a licensed captain.

Along with the above at least one approved Type 4 must be on board boats 16 ft. or longer (except canoes and kayaks) and immediately available.

**A Coast Guard approved Type 5 device may be substituted** for any other Coast Guard approved device if it meets the same requirements and is noted on the label.

**Anyone riding a jet ski or other Personal Water Craft** must wear an approved -non inflating flotation device, as well as anyone being towed by a water craft.



# Improving Lakes, Rivers & Streams

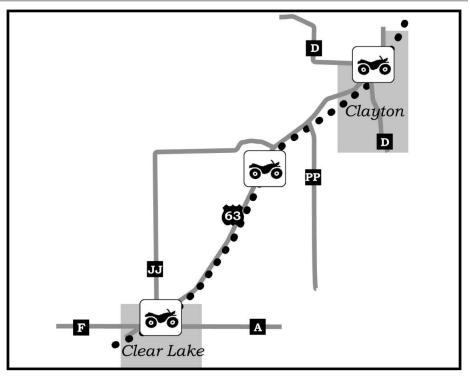
- Use phosphorus-free fertilizers to help control algae growth. Phosphorus helps to feed algae. Excessive algae makes swimming and fishing unpleasant, and stresses fish and wildlife.
- Bag your lawn clippings or use them for compost. Grass and leaves also contain phosphorus which promote algae growth. Trimmings that end up in streets end up polluting lakes and streams.
- Utilize rain barrels for gardening to help reduce runoff, as runoff transports pollutants to lakes and streams.
- Pick up after your pets, as their waste causes algae growth and has bacteria.
- Use alternative methods for controlling pests and weeds, or limit your chemical use to the minimum amount required.
- Maintain your lawn by seeding bare patches, aerating and allowing your grass to grow between 2½-3 inches to prevent soil erosion and promote strong roots.
- Swap your lawn for native plants, as native plants have deeper roots which prevent soil erosion.
- Be aware of what you put down drains and toilets. Oils, paints and hazardous chemicals should never be flushed. Hazardous waste should be disposed of in the proper manner.
- Utilize environmentally friendly household products, such as dishwashing soap and laundry detergent.
- Conserve water by turning it off when not needed, as it reduces the amount of water that needs to be treated for consumption.
- Utilize porous pavers for walkways and driveways to lower the amount of water runoff.

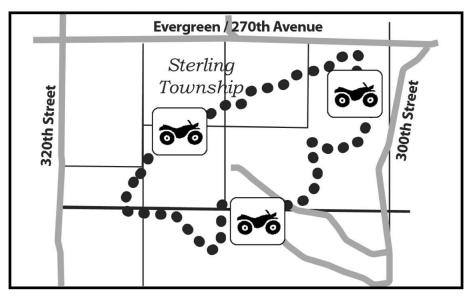
### ATV Safety

- Read the owner's manual and know your vehicle thoroughly.
- Check your vehicle before you ride.
- Wear protective equipment and clothing.
- Don't lend your vehicle to unskilled riders.
- Supervise young or inexperienced riders.
- Never carry a passenger on vehicles meant for one rider.
- Do not operate under the influence of drugs or alcohol.
- Drive at speeds that are appropriate to trail conditions.
- Stay to the right on trails.
- Stay away from thin ice, open water and wetlands
- Know the weather forecast.
- Make sure headlights and taillights work properly.
- Maintain safe distances between other riders.
- Reduce your speed when riding at night.
- Yield to other motor vehicles and trail users.
- Young or beginning riders are encouraged to take a safety training course.



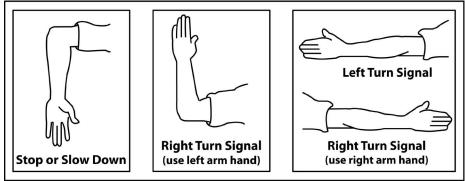
### ATV Trails





### Bicycle Safety

- Always wear a properly fitting bike helmet as most serious injuries are to the head.
- Be sure your handlebars, seat and wheels fit snugly.
- Keep your bike in good shape by checking and oiling your chain, making sure your brakes work properly and maintaining your tire pressure.
- Always ride with both hands on the handlebars except when doing turn signals.
- When leaving a driveway, curb or alleyway always stop and check for traffic in both directions.
- Cross only at intersections.
- Use the crosswalk to walk your bike across busy intersections and follow the traffic signals.
- Never ride against traffic. Travel in the same direction as the cars.
- Whenever you can, use bike routes and avoid busy streets.
- Don't ride near parked cars as doors can open and cause accidents.
- Obey all traffic signs and traffic lights.
- When biking with friends, ride in a single file.
- Always pass other bikers or pedestrians on the left and say "On your left!" to make your presence known.
- Always use bicycle hand signals to alert traffic of your changing direction.



## Snowmobile Safety

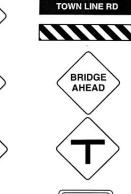
- Do not consume alcohol or take drugs prior to or during your snowmobile trip. Doing so increases your chances of injury or death.
- Slow down and don't cut to the inside of the trail corners. It's dangerous and illegal.
- If you snowmobile at night, don't override your lights.
- Always use the buddy system. Never ride off alone.
- Drowning is one of the causes of many snowmobile fatalities. Whenever possible, avoid the ice.
- Wear sensible, protective clothing designed for operating a snowmobile.
- Use a full size helmet, goggles, or visor to prevent injuries from twigs, stones, ice chips and other debris.
- Avoid wearing long scarves. They may get caught in moving parts of the snowmobile.
- Know the terrain you are going to ride. If unfamiliar to you, ask someone who has traveled over it before.
- Know the weather forecast, especially the ice and snow conditions.
- Be sure your snowmobile is in top-notch mechanical condition throughout the months of use.
- Familiarize yourself with the snowmobile you are driving. Thoroughly read the manual that accompanies the snowmobile.
- Do not pursue domestic or wild animals. That is not the conduct of a sportsman. Report such violations to the nearest law enforcement officer.

### Common Trail Signs



STOP AHEAD







ONE

WAY

DO NOT

ENTER





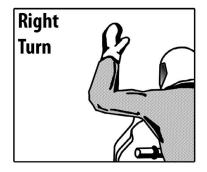


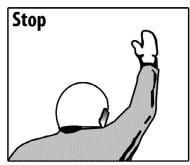


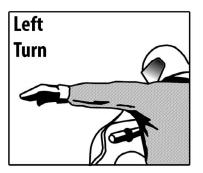
### Snowmobile Safety

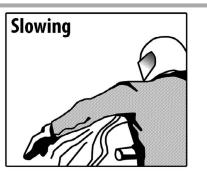
Communication is an essential part of safe riding. Hand signals are a practical way to communicate between other riders and traffic.

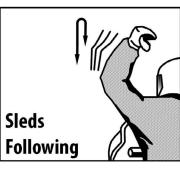
Be sure to give easy to see and clear hand signals when snowmobiling. Hand signals should never be subtle, but always deliberate.

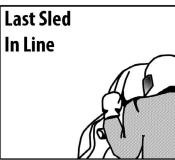






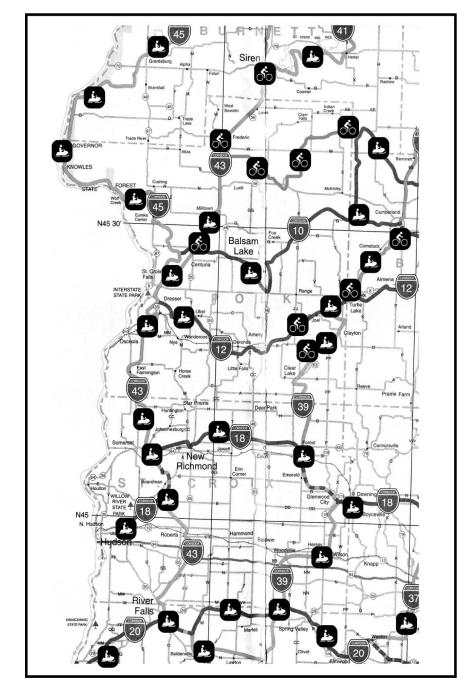








### Bicycle & Snowmobile Trails



### Home Safety

- Keep the outside of your home well-lit. Motion sensors and timers help deter burglars.
- Dead-bolts and peep-holes should be placed on all outside doors.
- Windows and sliding glass doors should have locks and be in good working order.
- Keep your garage door closed.
- Use an engraver to mark computers, cameras, stereos, TV's, tools, yard equipment, etc.
- Never leave valuables, expensive jewelry, or large amounts of cash at home. If you must, keep a list of your valuables with serial numbers to assist in insurance claims.
- Keep your car locked at all times and store all valuables out of sight.
- Guns should always be stored unloaded and with a gunlock.
- Become part of a neighborhood watch or program that is similar.
- Be suspicious of unusual people or vehicles in your neighborhood. Document the date, time, description and license plate number to give to law enforcement if needed.
- When on vacation, do not advertise your absence. Stop mail and newspaper delivery. Have a trusted friend or neighbor to give the impression you are home by stopping by to take out trash, shovel snow, mow the lawn, etc.



## • Emergency First-Aid Tips •

#### FIRST AID FOR CPR & HEART ATTACK

#### CPR

CPR is to be administered when a person is not breathing or has no pulse. Be quick to act by remembering the A,B,C's: Airway, Breathing & Circulation.

#### Airway:

Place the person on a firm surface, on their back. Kneel next to the person's neck and shoulders. Open the person's airway by tilting back the head and lifting the chin.

#### **Breathing:**

With the head tilted and chin lifted, pinch the nostrils shut and cover the person's mouth with yours. Give two slow breaths.

#### **Circulation:**

Find the hand position on the center of the breastbone. Place the heel of your hand on that position, with your other hand on top of the first hand. Use your upper body weight to push down. Give two compressions per second. Compress the chest at a rate equal to 100/minute. Perform 30 compressions at this rate. Repeat until an ambulance arrives.

#### **HEART ATTACK**

Symptoms of a heart attack may include any of the following:

- Uncomfortable pressure, fullness or squeezing pain in the center of the chest.
- Expanded pain in the upper abdomen.
- Shortness of breath.
- Pain or numbness in either arms, shoulders, neck, jaw or teeth.
- Dizziness or fainting.
- Nausea and sweating.

If you or someone else may be having a heart attack - follow these steps immediately: • DIAL 911

- Chew and swallow Aspirin (unless you are allergic/not allowed to)
- Take Nitroglycerin (only if prescribed)
- Begin CPR if the person is unconscious

IN AN EMERGENCY, DIAL 911

### • Emergency First-Aid Tips •

#### FIRST AID FOR BURNS & CHOKING

#### BURNS

For minor 1st and 2nd degree burns smaller than 3" in diameter: Cool the Burn. Run cool water over the burned area for 5 minutes, or until the pain diminishes. Never put ice on a burn!

#### Bandage the burn with sterile gauze:

It is important to use loosely wrapped gauze. This will avoid pressure and the bandage protects blisters. NEVER put lotions, vaseline, ointments or butter on burn. Do not break any blisters, which can cause infection.

#### Take Aspirin, Ibuprofen, Naproxen or Acetominophen to relieve pain:

Minor burns usually heal with these basic treatments. Be aware for signs of infection which may include: increased pain, redness, fever, swelling or oozing. If symptoms develop, seek medical help. Avoid tanning the burned area for at least a year. Protect the area with sunscreen outdoors. Avoid giving aspirin to children.

For 3rd degree burns/all major burns - DIAL 911 DO NOT run cold water over large severe burns - this can cause shock. DO NOT remove burnt clothing. Check for signs of breathing/coughing/movement. If there are no signs of breathing begin CPR. Elevate burned areas above heart level, if possible. Cover the burn(s) with cool, sterile, moist bandages, towels or cloth.

#### CHOKING

Most people clutch at their throats when choking, an obvious symbol for help. However, if a person isn't giving that signal, be alert for these indications. Inability to talk, difficulty breathing or noisy breathing, inability to cough forcefully, skin/lips/nails turning blue, loss of consciousness.

The Red Cross recommends a "five-and-five" method for first aid: First give five blows between the person's shoulders with the heel of your hand. Second, perform the Heimlich maneuver (abdominal thrusts) five times. Alternate between five back blows and five abdominal thrusts until the blockage is dislodged.

**IN AN EMERGENCY, DIAL 911** 

### $oldsymbol{\circ}$ Emergency First-Aid Tips $oldsymbol{\circ}$

#### FIRST AID FOR INSECT BITES/ANAPHYLAXIS & POISON SAFETY INSECT BITES/ANAPHYLAXIS

Anaphylaxis is a severe allergic reaction from insect bites (latex, food and drug allergies can also cause Anaphylaxis). Typical symptoms include hives, the swelling of lips or eyes, swollen throat, drop in blood pressure, light headedness, confusion, nausea or diarrhea. If someone is having an allergic reaction from an insect bite with these symptoms:

#### CALL 911.

**Administer emergency prescription medication.** See if the person is carrying special emergency allergy medicine and give it to them according to the directions.

#### Loosen tight clothing.

Lay the person down. The person should lay down on their back with feet elevated. Turn them on their side if they are vomiting or bleeding from their mouth to prevent them from choking. If they are not breathing - administer CPR. Most insect bite reactions are mild and cause no allergic reaction. If stung by a bee, use a straight edged object, like a credit card, to scrape away the stinger. Don't use tweezers - they can pinch more venom out of the stinger. Apply an ice pack to the area and take an over the counter pain reliever.

#### **POISON PREVENTION**

Teach your children about poison and how it can look like a food or drink. They should always ask an adult before eating or drinking anything. Have them learn the poison control phone number: 1-800-222-1222 and keep it programmed or posted near all your phones. Here are some prevention tips.

**Lock up your poisons and medications.** Keep them out of the reach of children, lock them up if possible. Make sure your children understand that medicine is not candy.

**Follow directions carefully.** Read your labels. Be sure to use and store all poisons and medications properly according to recommendations.

**Keep your pets safe from household chemicals, too.** Don't allow pets near areas that have just been cleaned with chemicals, such as freshly mopped floors or bleached bathtubs and sinks. Clean up any antifreeze/coolant spills. Pets like the flavor but they can die if they ingest it. Store poisonous foods or plants in areas that your pets cannot access. Call your local emergency veterinary hospital if you believe your pet has been poisoned.

#### IN AN EMERGENCY, DIAL 911

### Safety Tips for Parents & For Kids

#### PARENTS:

- Teach your kids that an emergency is when you need help from a doctor, a police officer or a firefighter.
- Designate a safe place by your house that a child can go to if they need help right away.
- Have your kids memorize your address and phone numbers. They should also know your full name and where you work.

#### KIDS: FIRE SAFETY

- If you or someone else is on fire remember to STOP, DROP and ROLL. Wrap a blanket on the person to help put out the fire.
- If there is a fire, leave the house as fast as you can! Crawl on the floor to avoid smoke and if the door is hot, don't open it find another way out.
- Learn all the fire exits in your house. Assign a safe place outside for everyone to meet in case of a fire emergency.

#### **HOME ALONE**

- Never tell anyone that you are home alone.
- If someone calls and ask for your mom and dad, tell them "They cannot come to the phone right now, can you please call back later?"
- Do not answer the door, unless it is someone that you know your parents have okay'd them to come over.

### **Emergency Numbers For Kids**

#### **KEEP A COPY OF THIS LIST NEAR EACH PHONE IN YOUR HOUSE**

MY ADDRESS:	
MY PHONE NUMBER:	
MOM AT WORK:	
MOM CELL PHONE:	
DAD AT WORK:	
DAD CELL PHONE:	
NEIGHBOR:	
EMERGENCY CONTACT:_	
POISON CONTROL:	1-800-222-1222
EN	MERGENCY DIAL
	911

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3	4	5	6	7	8	9	8	9	10	11	12	13	14	5	6	7	8	9	10	11	
10	11	12	13	14	15	16	15	16	17	18	19	20	21	12	13	14	15	16	17	18	
17	18	19	20	21	22	23	22	23	24	25	26	27	28	19	20	21	22	23	24	25	
24	25	26	27	28	29	30	29	30	31					26	27	28	29	30			

				JULY						A	UGUS	ST		SEPTEMBER							
	S	М	Т	W	T	F	S	S	Μ	Т	W	T	F	S	S	М	Т	W	Т	F	S
						1	2		1	2	3	4	5	6					1	2	3
	3	4	5	6	7	8	9	7	8	9	10	11	12	13	4	5	6	7	8	9	10
a a	10	11	12	13	14	15	16	14	15	16	17	18	19	20	11	12	13	14	15	16	17
3	17	18	19	20	21	22	23	21	22	23	24	25	26	27	18	19	20	21	22	23	24
2	24	25	26	27	28	29	30	28	29	30	31				25	26	27	28	29	30	
- 0 - 14	31																				

		00	стов	ER					NO	VEME	BER			DECEMBER							
S	Μ	T	W	T	F	S	S	Μ	T	W	T	F	S	S	М	T	W	Т	F	S	
						1			1	2	3	4	5					1	2	3	
2	3	4	5	6	7	8	6	7	8	9	10	11	12	4	5	6	7	8	9	10	
9	10	11	12	13	14	15	13	14	15	16	17	18	19	11	12	13	14	15	16	17	
16	17	18	19	20	21	22	20	21	22	23	24	25	26	18	19	20	21	22	23	24	
23	24	25	26	27	28	29	27	28	29	30				25	28	29	30	31			
30	31																				

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