

**FREE  
RESIDENT GUIDE**



*Polk &  
St. Croix*

*Counties*

**WISCONSIN**

*What's Inside:  
Businesses • Directory • History  
Events and more*



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# Table of Contents

2-4	Local Area Events
5	Preferred Merchants & Services
6-7	Residential Services
8	Polk County History
9	Polk County Communities
10	St. Croix County History
11-12	St. Croix County Communities
14	Parks & Recreation
15	Local Area Attractions
16-18	DNR License Centers
19	Wisconsin Hunting Seasons
21	Wisconsin Trapping Seasons
21	Wisconsin Fishing Seasons
22-23	Wisconsin State Record Fish
28-29	ATV Trails
31-32	Bicycle Trails
35-36	Snowmobile Trails



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# Local Area Events

### JANUARY

River Falls Community Martin Luther King Jr. Breakfast  
Frederic Cutter & Sleigh Parade  
Northern Lakes Center for the Arts | Amery  
Fireman's Oyster Supper | Clear Lake  
Vinterfest at D.D. Kennedy Park | Amery  
St. Joseph's Ice Fishing Contest | Amery  
WinterFest | Balsam Lake  
Winter Fun Day | Frederic  
Chateau St. Croix Renaissance Dinner | St. Croix Falls

### FEBRUARY

Hot Air Affair | Hudson  
Ice Fishing Contest | Polk & St. Croix Counties  
Luck Winter Carnival  
CandleLight Ski | St. Croix Falls  
Winter Carnival & Fishing Contest | Clam Falls  
Roast Beef & Pork Dinner | Amery  
Swedish "Palt" Dinner | McKinley

### MARCH

Pancake Breakfast at Camp St. Croix  
Spring Showcase | Hudson  
St. Ann's Flea Market | Turtle Lake  
Maple Fest | Amery  
Homestead Spring Craft & Bake Sale | Osceola

### APRIL

Spring in Bloom | Eau Galle Rec Area  
Woodland Flowers in Bloom | Kinnickinnic State Park  
Bowl for Kid's Sake | Hudson  
Spring Home, Garden & Sports Show | Amery  
Trollhaugen Gun Show | Dresser  
EMT Smelt Fry | Luck  
Easter Egg Hunt | Amery  
American Legion Smelt Fry | Turtle Lake  
Community Center Bash/Auction | Cushing  
St. Peter's Lutheran Church Spring Sale | Luck  
Rod & Gun Club Smelt Fry | Balsam Lake  
ArtBarn Annual Friends Show | Osceola  
Polk County Sportsman Show | St. Croix Falls

### MAY

100 Mile Garage Sale | Polk & St. Croix Counties  
House to House Garage Sale | New Richmond  
Syttende Mai | Woodville  
Spring Sparkler | New Richmond  
"UFFDA" Trail Run | Woodville  
County Wide EarthArts Studio Tour | Polk County  
Danish Aebleskiver Dinner | Luck  
American Cancer Society Walk & Run | Amery, Frederic  
Community Wide Garage Sales | Frederic  
American Cancer Society Walk & Run | Luck  
Mothers Day Pancake Breakfast | Wanderoos  
Mothers Day Brunch | Osceola  
St. Croix Casino Anniversary Week | Turtle Lake  
Memorial Day Dinner | Amery

# Local Area Events

### JUNE

Somerset Pea Soup Days  
Park Art Fair | New Richmond  
Good Neighbor Days | Roberts  
Apple River Country Splash | Somerset  
SCVR Round Barn Rally | North Hudson  
Town & Country Day | River Falls  
River Rock Music Fest | Hudson  
Apple River Days | Somerset  
American Patriot Rally Fun Fest | Hudson  
Booster Days | Hudson  
Cattail Trail Days | Amery  
Kids are First Fishing Contest | Milltown  
Dairy Days/Lawn Tractor Race & Tractor Race | Osceola  
National Trails Day | St. Croix Falls  
Community Garage Sale | Osceola  
Richardson Sportsmen's Free Fishing | Clayton  
Plant & Bake Sale | Amery  
Hansen Farms Softball Tournament | Milltown  
Frederic Bicycling Classic  
National Snowmobile Watercross | Frederic  
Clayton Cheese Days | Clayton  
Frederic Family Days  
Amery Art Fair  
Neil McKenzie Youth Fishing Contest | Deer Lake  
Fathers Day Brunch | Osceola  
Heritage Days | Clear Lake  
American Cancer Relay for Life | St. Croix Falls  
Fisherman's Party | Milltown  
Community Homestead Pig Roast | Osceola  
Fireworks Celebration | Osceola  
Little Falls BBQ & Ice Cream Social | Amery  
Old Settlers Pot Luck Picnic | Cushing

### JULY

July Booster Days | Hudson  
River Falls Days  
Fun Fest | New Richmond  
Willow River Run & Walk | Hudson  
St. Croix Music & Art Festival | Hudson  
St. Croix County Fair | Glenwood City  
Freedom Festival | Balsam Lake  
Fireworks | Amery  
4th of July Parade | Clam Falls  
4th of July Celebration | Wanderoos, Spring Valley  
Memory Days | Centuria  
InterCounty Fair | Turtle Lake  
Pie & Ice Cream Social | Milltown  
Wannigan Days | St. Croix Falls  
Lucky Days | Luck  
Pro Bass Tournament | Balsam Lake  
Brewfest | Clayton  
St. Dominics Summerfest | Frederic  
Polk County Fair | St. Croix Falls  
Indianhead Gem & Mineral Show | Frederic  
Chamber Golf Tournament | Frederic

### AUGUST

Rib-Blues Fest | Prescott  
Hammond Fun Days  
Star Prairie Ox Cart Days  
Pepperfest | North Hudson  
Little Falls Bluegrass Gospel Fest | Amery  
Tractor Pull | Clear Lake  
First Responders Benefit Street Dance | Turtle Lake  
Charles E. Lewis Day | Lewis  
Cars, Crafts & Rock-n-Roll in the Park | Turtle Lake  
Lamar Music Festival | St. Croix Falls  
Cushing Fun Day  
Lion's Classic Car & Truck Show | Dresser  
Historical Society Pie Social | Frederic  
Northland Ambulance Chicken Dinner | Frederic  
Frederic Art & Craft Fair  
Indianhead Muskie Tournament | Balsam Lake  
Moon Lake Threshing Bee | Turtle Lake  
St. Peter's Lutheran Church Family Retreat | Luck

# Local Area Events

## SEPTEMBER

Prescott Daze  
Art on the Kinni | River Falls  
Kinni Willow 20 Mile | Hudson  
Spring Valley Dam Days  
Circle K Orchard Apple Fest | River Falls  
Autumn Trek Bicycle Tour | River Falls  
Autumn Taste Walk | Hudson  
Corn on the Curb Days | Balsam Lake  
Hotdish Competition | Frederic  
Clayton Tractor & Truck Pull  
Community Fair | Osceola  
Wheels & Wings Celebration | Osceola  
Art Explosion | Osceola  
Little Falls Lutheran Church Fall Dinner | Amery  
St. Ann's Harvest Dinner/Bazaar | Turtle Lake  
Amery Fall Festival  
Knitting Extravaganza | Frederic  
Apple River Quilt Guild | Amery  
Pancakes Under the Tent | Amery  
The River Road Hwy. 87 Ramble | Cushing  
Baker Orchard Art Festival | Centuria  
Autumn Fest | St. Croix Falls  
Glenna Farms Pumpkin Patch | Amery  
Fall Leaf Viewing | Osceola

## OCTOBER

St. Croix Days  
Hilltop Fall Pumpkin Party | Hudson  
Lion's Fall Classic Car Show | Frederic  
Glenna Farms Pumpkin Patch | Amery  
Little Falls Fall Dinner | Amery  
Trollhaugen Gun Show | Balsam Lake  
Mixed Sampler Quilt Show | Siren  
Pumpkin Fest | Milltown  
Osceola Duathlon | Osceola  
Pumpkin Train | Osceola  
Octoberfest | Amery  
Auxiliary Craft & Bake Sale | St. Croix Falls  
Railfest Model Railroad Show | Turtle Lake  
Toy Tractor Show | Turtle Lake  
Halloween Party & Dance | Frederic

4 Polk & St. Croix Counties | Resident Guide

## NOVEMBER

Patchwork Quilt Show | Hudson  
Christmas Tour of Homes & Craft Sale | Hudson  
Light Up Night | Hudson  
Candle Light Stroll | Hudson  
River Dazzle Extravaganza | River Falls  
Polk County Homemakers Fair | Balsam Lake  
Turkey Party | Milltown  
Festival Theatre | Sidewalk Café | St. Croix Falls  
Venison & Beef Feed | Cushing  
West Immanuel Church Lutefisk Dinner | Osceola  
American Legion Vets Dance | Turtle Lake  
Fall Craft & Bake Sale | Osceola  
Wolf Creek Chili Feed | Cushing  
Senior Center Craft & Bake Sale | Amery  
St. Dominic's Fall Bazaar | Frederic  
Holly Days | St. Croix Falls

## DECEMBER

Candle Light Stroll | Hudson  
Reindeer in the Park | Hudson  
Annual Christmas Parade | New Richmond  
Holiday Festival | Baldwin  
Menorah Lighting | Baldwin  
Christmas in Somerset  
Swedish Meatball Dinner & "The Memories" | Amery  
Denmark Church Cookie Walk | Luck  
Breakfast with Santa | Amery  
Glenna Farms Breakfast with Santa | Amery  
Country Christmas | Centuria  
Lunch with Santa | Osceola  
Chamber Christmas | Turtle Lake  
Christmas Lights in the Park | Turtle Lake  
Holiday Stroll | Amery  
Christmas in Frederic | Frederic  
Santa Day | Milltown  
Christmas Dinner | Amery  
New Year's Eve Masquerade Ball | St. Croix Falls

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# Residential Services

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## **POLK COUNTY**

Administration .....	(715) 485-9212
Aging & Disability Resource Center .....	485-8449
Corporation Counsel .....	485-9210
County Clerk .....	485-9226
Clerk of Circuit Court .....	485-9241
District Attorney .....	485-9231
Emergency Management .....	485-9280
Forestry Department .....	485-9265
Health Department .....	485-8500
Highway Department .....	485-8700
Human Services .....	485-8400
Information & Technology .....	485-9220
Land Information .....	485-9170
Land & Water Resources .....	485-8699
Parks, Buildings & Solid Waste .....	485-9294
Register of Deeds .....	485-9240
Register in Probate .....	485-9238
Sheriff .....	485-8300
Surveying .....	485-9260
Treasurer .....	485-9255
UW Extension .....	485-8600
Veteran Services .....	485-9243

# Residential Services

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## **ST. CROIX COUNTY**

Administration .....	(715) 381-4304
Aging & Disability Resource Center .....	381-4360
Building Services .....	386-4733
Corporation Counsel .....	381-4315
County Clerk .....	381-4609
Clerk of Circuit Court .....	381-4630
District Attorney .....	386-4658
Emergency Management .....	386-4718
Forestry Department .....	485-9265
Health Department .....	246-8263
Highway Department .....	796-2227
Human Services .....	381-4310
Information & Technology .....	386-4726
Land & Water Resources .....	684-2874
Parks Department .....	684-2874
Register of Deeds .....	386-4652
Register in Probate .....	386-4618
Sheriff .....	386-4752
Solid Waste .....	386-4675
Treasurer .....	386-4645
UW Extension .....	684-3301
Veteran Services .....	386-4759



## Polk County History *(Balsam Lake, County Seat)*

The first white explorers to venture to the St. Croix River area came in 1680. They were Daniel Graysolon and Sieur du Lhut, along with their fellow French-Canadian companions. Settlers to the area came as early as 1837, but it wasn't until 1838 that the St. Croix Falls settlement began. Many early settlers were Scandinavian and selected Polk County because it resembled their native homeland. Polk County was established in 1853 and it was formed from what had previously been St. Croix County. As the railroad arrived in 1883, Polk County began to grow and communities formed near rivers and rail stations. Polk County was named after the eleventh U.S. President, James K. Polk. Today Polk County is home to approximately 41,319 residents.

**ALDEN** – pop. 2,615

**AMERY** – pop. 2,845

**APPLE RIVER** – pop. 1,067

**BALSAM LAKE (COUNTY SEAT)** – pop. 950

**BEAVER** – pop. 753

**BLACK BROOK** – pop. 1,208

**BONE LAKE** – pop. 710

**CENTURIA** – pop. 865

**CLAM FALLS** – pop. 547

**CLAYTON** – pop. 912

**CLEAR LAKE** – pop. 1,051

**DRESSER** – pop. 732

**EUREKA** – pop. 1,338

**FARMINGTON** – pop. 1,625

**FREDERIC** – pop. 1,262

**GARFIELD** – pop. 1,443

**GEORGETOWN** – pop. 1,004

**JOHNSTOWN** – pop. 520

**LAKETOWN** – pop. 918

**LINCOLN** – pop. 2,304

**LORAIN** – pop. 328

**LUCK** – pop. 1,210

**MCKINLEY** – pop. 328

**MILLTOWN** – pop. 1,146

**OSCEOLA** – pop. 2,421

**ST. CROIX FALLS** – pop. 2,033

**STERLING** – pop. 724

**WEST SWEDEN** – pop. 731

*\*Populations are approximate.*

# Polk County Communities

## AMERY

Settlers were drawn to the Amery area because of its ample forest and proximity to the nearby river. A sawmill was constructed and a community began to grow around it. A dam was built to supply the sawmill and the community was first known as Big Dam. As the railroad arrived in 1887, more settlers began to arrive and establish businesses including a hotel, general stores, saloons, a bank and a brickyard. The community was then renamed Amery to honor William Amery, a prominent local resident. Today Amery is home to approximately 2,845 residents.

## BALSAM LAKE (COUNTY SEAT)

Originally home to Chippewa Indians, Balsam Lake was settled in the 1850s. The name Balsam Lake comes from the word Innenehinduc, which translates to Place of Evergreen. The town of Balsam Lake was organized in 1870 and early businesses included a blacksmith shop, general stores, creameries, sawmills, hardware store, bank and a town hall. Today Balsam Lake is the county seat of Polk County and is home to approximately 950 residents.

## LUCK

The first settler to the area was William Foster, who arrived in 1857. In 1869, Danish immigrants organized a township. The railroad arrived in 1901 and the community began to grow. The first cooperative creamery in the United States was built here and early industry included dairy farming and agriculture. Once known as Lawson City, Luck became incorporated as a village in 1905. Today Luck is home to approximately 1,210 residents.

## OSCEOLA

In 1844, settlers from Maine, including William Kent, came to the area and built a sawmill. The area was named Leroy, after the first white man who died there, and Bluffville, after nearby sandstone cliffs. By 1855, William Kent owned the entire claim. In 1858, the name of the two settlements was changed to Osceola, named by James Livingston in honor of the great Seminole Indian Chief of Florida. Once a popular steamboat stop, Osceola began to thrive as the railroad arrived in the late 1880s. Today Osceola is home to approximately 2,421 residents.

## ST. CROIX FALLS

Settlers arrived to the St. Croix Falls area in 1838 and early industry included logging. Sawmills were built near the falls and soon grist mills, specialty shops, general stores and flour mills were thriving. A hydropower plant was built in the early 1900s to harness the power of the falls and the community continued to grow. Today St. Croix Falls is home to approximately 2,033 residents.



## St. Croix County History *(Hudson, County Seat)*

In 1840, the first settlement in the area was located at the mouth of the Willow River. The land was settled by Louis Massey and Peter Bouchea. The legislature of Wisconsin created the county of St. Croix that same year and named it after the St. Croix River. By 1849, resident Moses Perrin opened a boarding house in what is now the city of Hudson. The United States Land Office was established in Hudson in 1849, which helped increase the population and the community was selected as the county seat. The primary industry for the area was farming and in 1881, wheat had become the main crop. Today St. Croix County is home to approximately 63,155 residents.

**BALDWIN** – pop. 2,667

**CADY** – pop. 710

**CYLON** – pop. 629

**DEER PARK** – pop. 227

**EAU GALLE** – pop. 882

**EMERALD** – pop. 691

**ERIN PRAIRIE** – pop. 658

**FOREST** – pop. 590

**GLENWOOD CITY** – pop. 1,183

**HAMMOND** – pop. 1,153

**HUDSON (COUNTY SEAT)** – pop. 8,775

**KINNICKINNIC** – pop. 1,400

**NEW RICHMOND** – pop. 6,310

**NORTH HUDSON** – pop. 3,463

**PLEASANT VALLEY** – pop. 430

**RICHMOND** – pop. 1,556

**ROBERTS** – pop. 969

**RUSH RIVER** – pop. 498

**SOMERSET** – pop. 1,556

**SPRINGFIELD** – pop. 808

**ST. JOSEPH** – pop. 3,436

**STANTON** – pop. 1,003

**STAR PRAIRIE** – pop. 2,944

**TROY** – pop. 3,661

**WARREN** – pop. 1,320

**WILSON** – pop. 176

**WOODVILLE** – pop. 1,104

*\*Populations are approximate.*

# St. Croix County Communities

## BALDWIN

Founded by Dana Reed Bailey, Baldwin was originally known as Clarkesville. Flour mills and sawmills were built near the river and in 1871 the railroad arrived. The community was renamed Baldwin after the West Wisconsin Railroad president, D.A. Baldwin. Today Baldwin is home to approximately 2,667 residents.

## GLENWOOD CITY

Settled in 1880, Glenwood City was named after the nearby ample forests. As the railroad arrived in 1885, Glenwood City began to grow and lumber mills were established. By 1890, Glenwood City was the major trading center of the St. Croix River Valley. As timber resources were exhausted, agriculture dominated industry. Today Glenwood City is home to approximately 1,183 residents.

## HAMMOND

Settled in 1855, Hammond was named in honor of early developer R.B. Hammond. The community was platted in 1857 and the area began to grow. With the advent of the railroad, more settlers arrived to Hammond and businesses were established. Today Hammond is home to approximately 1,113 residents.

## HUDSON (COUNTY SEAT)

In 1840, Hudson was founded by Louis Massey and Peter Bouchea. They set up a community near the mouth of the Willow River, of which it was also named. In 1848, the name was changed to Buena Vista - a name that better suited the area's beautiful views. People were drawn to the area for its lumber industry which was at the time the foremost industry. In 1852 the first mayor, A.D. Gray, petitioned to change the city's name to Hudson, as many travelers noticed the resemblance of the St. Croix River to the Hudson River in New York. The railroad came to Hudson in 1871 and helped increase the population dramatically. Today Hudson is the county seat of St. Croix County and is home to approximately 8,775 residents.

## KINNICKINNIC

Founded in the mid 1800s, settlers were attracted to the rivers, streams and pastures of the Kinnickinnic area. The community is named after the Indian word Kinnickinnic, meaning what is mixed as a tobacco substitute. As the railroad was built, Kinnickinnic began to grow. Today Kinnickinnic is home to approximately 1,400 residents.

# St. Croix County Communities

## NEW RICHMOND

New Richmond was founded in 1857 and was named after Richmond Day who surveyed the community. By 1880 many businesses had been established and in 1899 a deadly tornado almost destroyed the town, wiping out entire blocks. Within five months, most of the community was rebuilt. Today New Richmond is home to approximately 6,310 residents.

## SOMERSET

Joseph and Louis Parent, who were French-Canadian explorers, came to the St. Croix area in 1850 looking to homestead. They established their settlement on the bluffs above the mouth of the Apple River. Since potatoes grew well here, the spot was named La Pointe de la Pomme de Terre, which translates to point of the apples of the earth. Settlers Samuel and Hud Harriman arrived at the Apple River in 1856. They founded a mill, store and logging empire. Since the area closest to the St. Croix was already settled, they settled north where they built a dam for a mill. They platted a village and named it Somerset in honor of their father's birthplace, Somerset County, England. In 1856, the community became established as a township. Today Somerset is home to approximately 1,556 residents.

## WOODVILLE

Named for the dense woods occupying the area, Woodville was first settled in 1870 by J. M. S. Anderson. Anderson built the first sawmill and the railroad arrived soon after in 1872. Anderson was also the community's first postmaster, establishing a post office in 1875. By 1907, a restaurant, butcher and specialty shops were built and incorporation followed in 1911. Today Woodville is home to approximately 1,104 residents.



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# Parks & Recreation

## APPLE RIVER PARK

Located on 18 acres near the Apple River, Apple River Park features a campground, fishing pier, hiking trails, picnic shelter, grills and playground equipment. Located in Amery.

## ATLAS PARK

Located near the Trade River and Long Trade Lake, Atlas Park features a boat launch with fishing pier, picnic shelters, grills, playground equipment and a ball field. Located in Luck.

## BLACK BROOK PARK

Located near the Apple River, Black Brook Park features a dam, fishing pier, picnic areas, grills and playground equipment. Located in Amery.

## DD KENNEDY ENVIRONMENTAL AREA

Located on 106 acres near the Balsam Branch, the DD Kennedy Environmental Area is a nature preserve featuring a dam, handicap accessible fishing pier, hiking trails, picnic shelters, playground equipment and an outdoor classroom. Located in Amery.

## GARFIELD RECREATION AREA

Located on 188 acres, the Garfield Recreation Area features hiking trails and is open for hunting. Located in Garfield.

## GLEN HILLS PARK

Located on 700 acres near Glen Lake, Glen Hills Park features a dam, campground, golf course, boat launch with fishing pier, hiking trails, picnic shelters, playground equipment, canoe and boat rentals and a swimming beach. Located in Glenwood City.

## HOMESTEAD PARK

Located near Perch Lake, Homestead Park features a handicap accessible fishing pier, hiking trails, picnic areas, playground equipment, visitor center, canoe and boat rentals and scuba-diving facilities. Located in Hudson.

## INTERSTATE PARK

Located on 805 acres near the Dalles and St. Croix Rivers, Interstate Park features a campground, boat launch with fishing pier, hiking trails, picnic areas and a swimming beach. Located in St. Croix Falls.

## KINNICKINNIC COUNTY FOREST

Located on 80 acres, the Kinnickinnic County Forest features hiking trails and is open for hunting. Located in River Falls.

## LOTUS PARK

Located on 18 acres near Lotus Lake, Lotus Park features a boat launch with fishing pier, picnic shelter and playground equipment. Located in Dresser.

## PINE LAKE PARK

Located on 7 acres near Pine Lake, Pine Lake Park features a boat launch with fishing pier and a picnic shelter with grills. Located in Erin Prairie.

## STANTON COUNTY FOREST

Located on 40 acres, the Stanton County Forest features hiking trails and is open for hunting. Located in Deer Park.

## TROY PARK

Located on 7 acres near the St. Croix River, Troy Park features picnic areas with grills, swimming beach with beach house and horseshoe pits. Located in Troy.

## WILLOW RIVER STATE PARK

Located on 2,891 acres near Little Falls Lake, Willow River State Park features a campground, boat launch, hiking trails, picnic areas, swimming beach and nature center. Located in Hudson.



## Local Area Attractions

### AFTON CRUISE LINES

3291 St. Croix Trail | Hudson | (651) 436-8883

### ARCHIE MONTPETIT MEMORIAL ICE ARENA

529 Main St. | Somerset | (715) 247-4445

### BASS LAKE CHEESE FACTORY

598 Valley View Trail | Somerset | (715) 247-5586

### CHATEAU ST. CROIX WINERY & VINEYARD

1998 A State Rd. 87 | St. Croix Falls | (715) 483-2566

### CLEAR LAKE AREA MUSEUM

450 5th Ave. | Clear Lake | (715) 263-2042

### EMILY OLSON HOUSE

408 River St. | Osceola | (715) 294-2480

### FLOAT RITE PARK & AMPHITHEATRE

710 Spring St. | Somerset | (715) 247-3453

### HOCKEY COMPLEX

1820 Hanley Rd. | Hudson | (715) 386-3535

### NEW RICHMOND HERITAGE CENTER

110 Heritage Dr. | New Richmond | (715) 246-3276

### NORTHERN LAKES CENTER FOR THE ARTS

113 Elm St. W | Amery | (715) 268-6811

### OCTAGON HOUSE

1004 3rd St. | Hudson | (715) 386-2654

### OSCEOLA & ST. CROIX VALLEY RAILWAY

114 Depot Rd. | Osceola | (715) 755-3750

### PHIPPS CENTER FOR THE ARTS

109 Locust St. | Hudson | (715) 368-2305

### POLK COUNTY MUSEUM

120 Main St. | Balsam Lake | (715) 485-9269

### ST. CROIX ART BARN

1040 Oak Ridge Dr. | Osceola | (715) 294-2787

### ST. CROIX FESTIVAL THEATRE

210 Washington St. N | St. Croix Falls | (715) 483-3387

### ST. CROIX OFF BROADWAY DINNER THEATRE

1616 Crest View Dr. | Hudson | (715) 386-2394

### SOCCER COMPLEX

P.O. Box 671 | Hudson | (715) 381-7227

### STONE SOUP GALLERY

225 Locust St. | Hudson | (715) 796-2221

### WILLOW RIVER NATURE CENTER

1034 County Rd. A | Hudson | (715) 386-9340



## DNR License Centers

*You can purchase hunting and fishing licenses, cross-country ski passes and snowmobile trail stickers through the Electronic License System.*

*Online: [dnr.wi.gov](http://dnr.wi.gov), Toll Free: 1 (888) 936-7463*

*Or visit one of the ELS agents available throughout Polk & St. Croix Counties:*

### AMERY

#### AMERY TRUE VALUE

180 Riverplace Mall | Amery | (715) 268-7170

#### LUCKY BAITS LLC

859 State Rd. 46 | Amery | (715) 268-6231

#### MORTS MARINA

826 121st St. | Amery | (715) 268-8422

### BALDWIN

#### DNR SERVICE CENTER

890 Spruce St. | Baldwin | (715) 684-2914

#### GREGERSON HARDWARE

880 Cedar St. | Baldwin | (715) 684-3246

#### KWIK TRIP

940 Baldwin Plaza | Baldwin | (715) 684-5145

### BALSAM LAKE

#### BALSAM LAKE HARDWARE

3907 Frontage Rd. | Balsam Lake | (715) 485-3267

#### HIGHWAY 46 STORE LLC

800 N State Rd. 46 | Balsam Lake | (715) 534-3682

#### JONZY MARKET

1043 185th Ave. | Balsam Lake | (715) 857-5753

#### PAP'S GENERAL STORE

1637 80th St. | Balsam Lake | (715) 268-8108

#### STOP A SEC

101 Main St. | Balsam Lake | (715) 485-3558

### CENTURIA

#### BOBBERSTOP TACKLE SHOP

510 State Rd. 35 | Centuria | (715) 640-2248

## DNR License Centers

### CLAYTON

#### CLAYTON AMOCO

110 Hwy. 63 - P.O. Box 127 | Clayton | (715) 948-4252

#### LAKE MAGNOR STORE

764 Hwy. 63 | Clayton | (715) 948-2935

### CLEAR LAKE

#### CLEAR LAKE TRUE VALUE

530 NW 3rd Ave. | Clear Lake | (715) 263-2375

### CUSHING

#### STOP A SEC

2460 Old 87 | Cushing | (715) 648-5202

### FREDERIC

#### CLAM FALLS BAR & GRILL

647 335th Ave. | Frederic | (715) 653-2518

#### GREAT NORTHERN OUTDOORS

P.O. Box 622 | Frederic | (715) 327-4471

#### HOLIDAY 78

410 Wisconsin Ave. S | Frederic | (715) 32-8187

### GLENWOOD CITY

#### GLENWOOD HARDWARE

147 E Oak St. | Glenwood City | (715) 265-4871

### HUDSON

#### CONSOLIDATED ENERGY GROUP

1088 County Rd. A | Hudson | (715) 386-8815

#### HOLIDAY STATIONSTORE

100 2nd St. | Hudson | (715) 386-9491

#### LICENSE PLATES & TAGS RENEWALS LLC

2401 Monetary Blvd. Suite 2 | Hudson | (715) 386-5000

### HUDSON CONTD.

#### MILLS FLEET FARM HUDSON

1001 Industrial St. | Hudson | (715) 386-3281

#### MR. CONVENIENCE

606 Brakke Dr. | Hudson | (715) 381-1449

#### WALMART

222 Crest View Dr. | Hudson | (715) 386-1101

### LUCK

#### PINE GROVE RESORT

1095 238th Ave. | Luck | (715) 857-5335

#### STOP A SEC

106 State Rd. 35 | Luck | (715) 472-8653

### MILLTOWN

#### HOLIDAY STATIONSTORE

101 State Hwy. 35W | Milltown | (715) 825-3535

#### NORTHBOUND SPORTS & LIQUOR

422 Main St. W | Milltown | (715) 825-3326

### NEW RICHMOND

#### CENEX STATION

120 Meridian Dr. | New Richmond | (715) 246-9284

#### DOYLE'S FARM & HOME

560 Deere Dr. | New Richmond | (715) 246-6184

#### FAMILY FRESH MARKET

110 W 4th St. | New Richmond | (715) 246-2668

#### JOR-GAS II

1893 Hwy. 63 | New Richmond | (715) 246-0821

#### SKOGLUNDS CONOCO

753 Knowles Ave. N | New Richmond | (715) 246-4767

# DNR License Centers

## NEW RICHMOND CONTD.

### WALMART SUPERCENTER

250 Richmond Way W | New Richmond | (715) 246-5509

## OSCEOLA

### BILL'S ACE HARDWARE

202 Chieftain St. | Osceola | (715) 294-3301

## COTTOR GREEN PETRO PLUS

253 State Rd. 35 | Osceola | (715) 755-3501

## MORKS BIG LAKE STORE

1838 60th Ave. | Osceola | (715) 294-2342

## ROBERTS

### HOLIDAY STATIONSTORE

900 Division St. | Roberts | (715) 749-3388

## ST. CROIX FALLS

### DEER LAKE SPORTS

1766 Hwy. 8 | St. Croix Falls | (715) 483-3313

## HOLIDAY STATIONSTORE

202 S Washington St. | St. Croix Falls | (715) 483-3237

## MARKETPLACE FOODS

2191 US Hwy. 8 | St. Croix Falls | (715) 483-5178

## ST. CROIX FALLS CONTD.

### MAYNARDS AMOCO

2091 218th St. | St. Croix Falls | (715) 483-5950

## SKOGLUNDS CONOCO

1960 US Hwy. 8 | St. Croix Falls | (715) 483-9080

## ST. CROIX OUTDOORS

1298 198th St. | St. Croix Falls | (715) 483-9515

## WALMART STORE

2179 Hwy. 8 E | St. Croix Falls | (715) 483-1399

## SOMERSET

### B & J SERVICE CENTER

410 Main St. | Somerset | (715) 247-3377

## HOLIDAY STATIONSTORE

121 Main St. | Somerset | (715) 247-3863

## STAR PRAIRIE

### HORSE CREEK STORE

2069 County Rd. X | Star Prairie | (715) 294-3410

## RUSSELL'S SPORT N BIKE

703 Jewell St. | Star Prairie | (715) 248-3644

# Wisconsin Hunting Seasons

For general information on firearm safety training call:

1 (888) 936-7463

## WHITE TAILED DEER\*

(NON-CWD & NON-METRO UNITS)

Bow: 09/17/11 - 11/17/11

Gun: 11/19/11 - 11/27/11

Muzzleloader: 11/28/11 - 12/07/11

Youth Deer Hunt: 10/08/11 - 10/09/11

Statewide Antlerless Hunt: 12/08/11 - 12/11/11

## BLACK BEAR\*

Dogs ARE NOT Permitted: 09/07/11 - 10/11/11

Dogs ARE Permitted: 09/07/11 - 10/11/11

## WILD TURKEY

Youth Turkey Hunt: 04/09/11 - 04/10/11

Spring: 04/13/11 - 04/17/11; 04/20/11 - 04/24/11;

04/27/11 - 05/01/11; 05/04/11 - 05/08/11;

05/11/11 - 05/15/11; 05/18/11 - 05/22/11

Fall: 09/17/11 - 11/17/11

## RING-NECKED PHEASANT

10/15/11 - 12/31/11

## RUFFED GROUSE\*

Zone A: 09/17/11 - 01/31/12

Zone B: 10/15/11 - 12/08/11

## SHARP-TAILED GROUSE

10/15/11 - 11/06/11

## BOBWHITE QUAIL

10/15/11 - 12/07/11

## HUNGARIAN PARTRIDGE\*

10/15/11 - 12/31/11

## CROW

01/18/11 - 03/20/11; 09/17/11 - 11/17/11

## MOURNING DOVE

09/01/11 - 11/09/11

## GRAY & FOX SQUIRRELS

09/18/10 - 01/31/11

## COTTONTAIL RABBIT

Northern Zone: 09/17/11 - 02/29/12

Southern Zone: 10/15/11 - 01/31/12

## BOBCAT

10/15/11 - 12/25/11; 12/26/11 - 01/31/12

## RED & GRAY FOXES

10/15/11 - 02/15/12

## Coyote

Continuous

## RACCOON

Resident: 10/15/11 - 02/15/12

Nonresident: 10/29/11 - 02/15/12

## WOODCOCK

09/24/11 - 11/07/11

## CANADA GOOSE

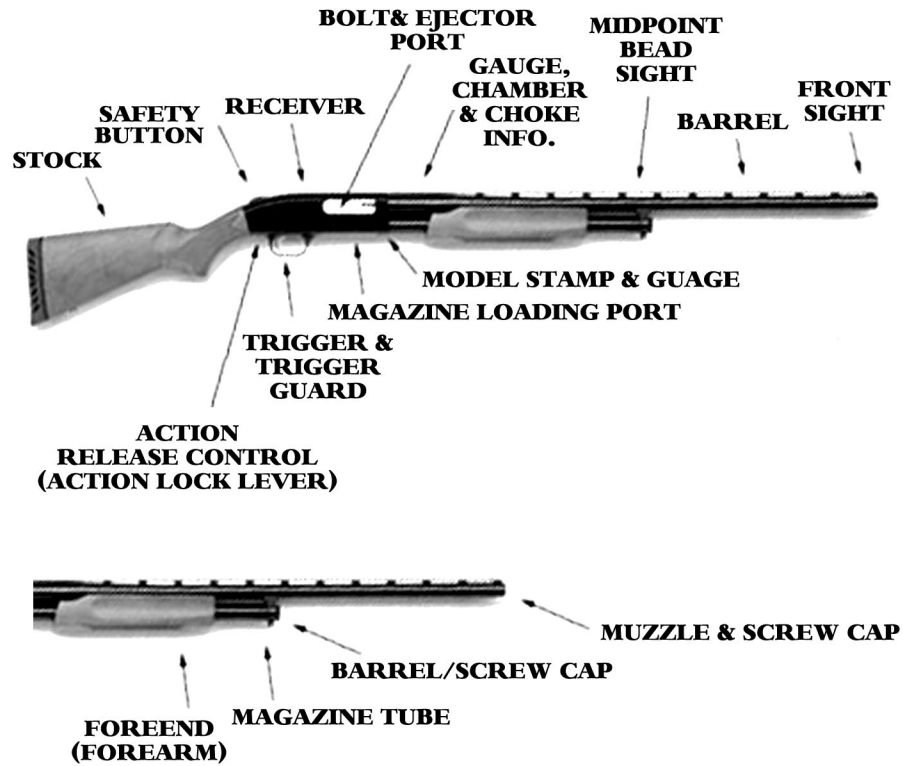
09/01/11 - 09/15/11

*\*Please contact your local DNR office for specific hunting and trapping zone regulations.*

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# Hunting Safety



**All hunters should consider taking an advanced hunter education class to learn the latest hunting techniques along with tips on coming home alive.**

**Here are five suggestions for a safe and successful hunting experience:**

1. Get a detailed map of the area you are hunting, review it before you leave, and carry it with you in the field.
2. Carry a compass and know how to use it. Decide ahead of time the direction to head for if you get lost or disoriented.
3. Weather can change quickly in Minnesota, so hunters should carry a simple survival kit and be prepared for an unexpected overnight stay in the field. The survival kit should contain a rope, a knife, water, waterproof matches, an emergency shelter, and first aid supplies.
4. If you are on the water, make sure to wear a personal flotation device (life preserver).
5. Know your hunting partners' physical and emotional limitations, as well as your own, and don't push your partners or yourself beyond those limits.

# Wisconsin Trapping Seasons

## COYOTE

10/15/11 - 02/15/12

## BEAVER

Zone A: 11/05/11 - 04/30/12

Zone B: 11/05/11 - 04/30/12

Zone C: 11/05/11 - 04/30/12

Zone D: 1 day after duck season closes - 03/15/12

## FISHER

10/16/10 - 12/31/11

## BOBCAT

10/15/11 - 12/25/11; 12/26/11 - 01/31/12

## OTTER

Northern Zone: 11/05/11 - 04/30/12

Central Zone: 11/05/11 - 03/31/12

Southern Zone: 11/05/11 - 03/31/12

## FOX (RED & GRAY)

10/15/11 - 02/15/12

## MINK

Northern Zone: 10/15/11 - 02/29/12

Southern Zone: 10/29/11 - 02/29/12

Winnebago Zone: 10/29/11 - 03/15/12

Mississippi River: 1 day after duck season closes

## MUSKRAT

Northern Zone: 10/15/11 - 02/29/12

Southern Zone: 10/29/11 - 02/29/12

Winnebago Zone: 10/29/11 - 03/15/12

Mississippi River: 1 day after duck season closes

## RACCOON

Resident: 10/15/11 - 02/15/12

Nonresident: 10/29/11 - 02/15/12

# Wisconsin Fishing Seasons

## EARLY INLAND TROUT

03/05/11 - 05/01/11

## GENERAL INLAND TROUT

05/07/11 - 09/30/11

## LARGE & SMALLMOUTH BASS

Northern Zone (Catch & Release): 05/07/11 - 06/17/11

Northern Zone: (Harvest): 06/18/11 - 03/04/12

Southern Zone: (05/07/11 - 03/04/12)

## LAKE STURGEON

(Hook & Line) 09/04/11 - 09/30/11

## MUSKELLUNGE

Northern Zone: 05/28/11 - 11/30/11

Southern Zone: 05/07/11 - 12/31/11













## NORTHERN PIKE

05/07/11 - 03/04/12

## WALLEYE

05/07/11 - 03/04/12

# Common Fish Species

 Bass	 Crappie	 Smelt
 Catfish	 Muskellunge	 Sunfish
 Carp	 Northern Pike	 Trout
 Ciscos-Tullibe-Herring	 Salmon	 Walleye

# Wisconsin State Record Fish

Follow these steps if you catch a fish that you think could be a record:

- Weigh the fish on a state-certified scale (found at most bait shops and butcher shops), witnessed by two observers.
- Take the fish to a DNR fisheries office for positive identification and a state record fish application.
- Complete the state record submission form and send it along with a clear, full-length photo of your fish to the address listed on the form.

SPECIES	WEIGHT (lbs. - oz.)	LENGTH (inches)	WATERBODY	YEAR
Bass, Largemouth	11-3	NA	Lake Ripley	1940
Bass, Rock (tie)	2-15	NA	Shadow Lake	1990
Bass, Smallmouth	9-1	NA	Indian Lake	1950
Bass, White	4-6	17.75	Okauchee Lake	1977
Bluegill	2-9.8	12.0	Green Bay	1995
Bowfin	13-1	31.60	Willow Flowage	1980
Buffalo, Bigmouth	73-1.6	38.0	Lake Koshkonong	2004
Buffalo, Smallmouth	20-0	30.0	Milwaukee River	1999

# Wisconsin State Record Fish

SPECIES	WEIGHT (lbs. - oz.)	LENGTH (inches)	WATERBODY	YEAR
Bullhead, Black	5-8	21.50	Big Falls Flowage	1989
Bullhead, Brown	4-2	17.50	Little Green Lake	1974
Bullhead, Yellow	3-5	15.50	Nelson Lake	2006
Burbot	18-2	37.80	Lake Superior	1983
Carp	57-2	NA	Lake Wisconsin	1966
Carp sucker, River	8-7.2	24.10	Fox River	2002
Catfish, Channel	44-0	NA	Wisconsin River	1962
Catfish, Flathead	74-5	53.0	Mississippi River	2001
Crappie, Black	4-8	19.75	Gile Flowage	1967
Crappie, White	3-13.1	16.50	Cranberry Marsh	2003
Drum, Freshwater	35-4	37.50	Mississippi River	1992
Eel, American	3-6	38.25	Lake Superior	1997
Gar, Longnose	21-4	52.50	Wisconsin River	1990
Gar, Shortnose	2-12	29.0	Wisconsin River	2006
Mooneye	2-1.3	17.50	Mississippi River	2005
Muskellunge	69-11	63.50	Chippewa Flowage	1949
Muskellunge, Tiger	51-3	54.0	Lac Vieux Desert	1919
Perch, Yellow	3-4	NA	Lake Winnebago	1954
Pike, Northern	38-0	NA	Lake Puckaway	1952
Pumpkinseed	1-2	9.60	Big Round Lake	2003
Redhorse, Silver	11-7	29.25	Plum Creek	1985
Salmon, Atlantic	23-15	37.0	Lake Michigan	1980
Salmon, Chinook	44-15	47.50	Lake Michigan	1994
Salmon, Coho	26-1.9	38.0	Lake Michigan	1999
Salmon, Kokanee	2-8.2	19.50	Upper Bass Lake	2007
Salmon, Pink	6-1.9	24.0	Lake Michigan	1999
Sauger	6-6.7	23.25	Mississippi River	2009
Shad	4-7	21.50	Lake Michigan	1982
Sturgeon, Lake	170-10	79.0	Yellow Lake	1979
Sturgeon, Shovelnose	7-5.4	29.0	Mississippi River	1998
Sucker, Northern Hog	1-13	16.0	Fox River	2004
Sunfish, Green	1-9	NA	Wind Lake	1967
Trout, Brook	9-15	NA	Prairie River	1944
Trout, Brown	41-8	40.6	Lake Michigan	2010
Trout, Lake	35-4	NA	Big Green Lake	1957
Trout, Rainbow	12-3	29.50	Elbow Lake	2006
Trout, Tiger	20-13	33.75	Lake Michigan	1978
Walleye	18-0	NA	High Lake	1933
Warmouth	1-1	10.50	Eagle Lake	2001
Whitefish, Lake	11-11	29.0	Lake Superior	1977

# Boating Safety

## Operating Watercraft

**Follow these guidelines to help prevent and prepare for capsizing, swamping, or someone falling overboard.**

- Make sure that you and your passengers are wearing life jackets while the boat is moving.
- Attach the ignition safety lanyard to your wrist, clothes, or life jacket.
- Don't allow anyone to sit on the gunwale, bow, seat backs, motor cover, or areas not designed for seating. Also, don't let anyone sit on pedestal seats when craft is not in idle.
- Don't overload your boat. Balance the load of passengers and gear stored on-board.
- Keep your center of gravity low by not allowing people to stand up or move around while craft is in motion.
- In small boats, don't allow anyone to lean beyond the gunwale. Turn boat at slow rates of speed. Secure the anchor line to the bow, never to the stern. Don't risk operating water craft in rough conditions or bad weather.

bp

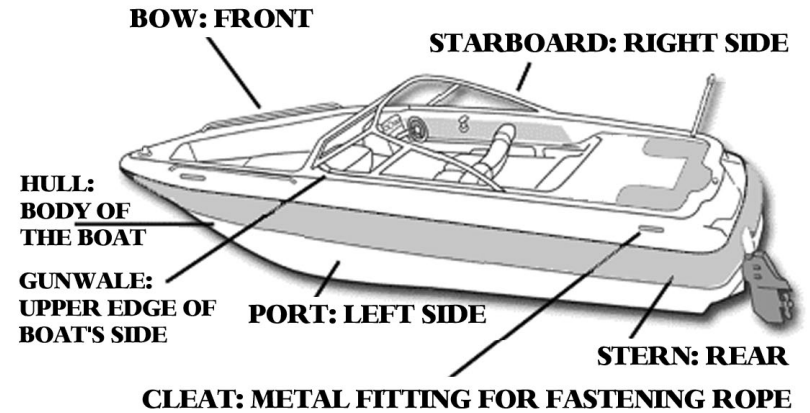
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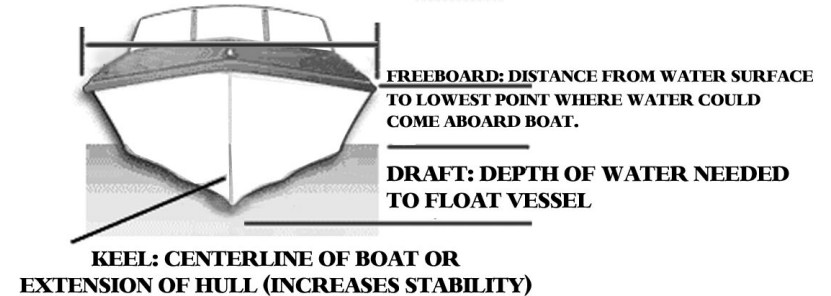
115 State Rd. 35 • Dresser, WI  
**715-755-3851**  
Monday - Friday: 4am -10pm • Saturday & Sunday: 6am-10pm

# Boating Safety

## Know Your Craft



### BEAM: MAXIMUM WIDTH OF BOAT



## Who May Operate a Motorboat (Other Than a Personal Watercraft)

### For engines 25 horsepower or less:

Those under age 12 may operate without restrictions.

### For engines over 25 horsepower through 75 horsepower:

Those under age 12 must have someone 21 years of age or older on board within reach of the controls.

### For engines over 75 horsepower:

No children under age 12 may operate, even with an adult on board.

### Other restrictions apply to boat operators 12 to 17 years old:

Operators from 12 to 17 years of age may operate engines of 25 horsepower or lower with no restrictions.

### For engines over 25 horsepower:

Operators 12 to 17 years of age must have:

A watercraft operator's permit, or someone age 21 years or older on board within reach of the controls.

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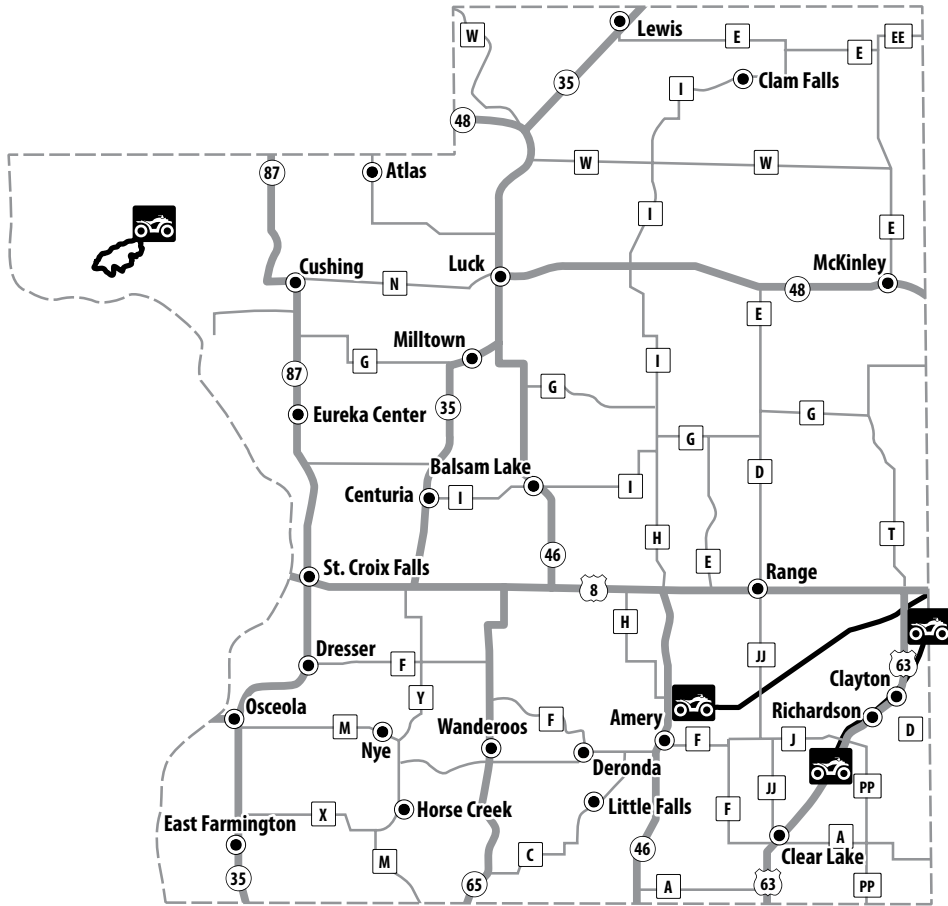
# ATV Safety

- Read the owner's manual and know your vehicle thoroughly.
- Check your vehicle before you ride.
- Wear protective equipment and clothing.
- Don't lend your vehicle to unskilled riders.
- Supervise young or inexperienced riders.
- Never carry a passenger on vehicles meant for one rider.
- Do not operate under the influence of drugs or alcohol.
- Drive at speeds that are appropriate to trail conditions.
- Stay to the right on trails.
- Stay away from thin ice, open water and wetlands
- Know the weather forecast.
- Make sure headlights and taillights work properly.
- Maintain safe distances between other riders.
- Reduce your speed when riding at night.
- Yield to other motor vehicles and trail users.
- Young or beginning riders are encouraged to take a safety training course.



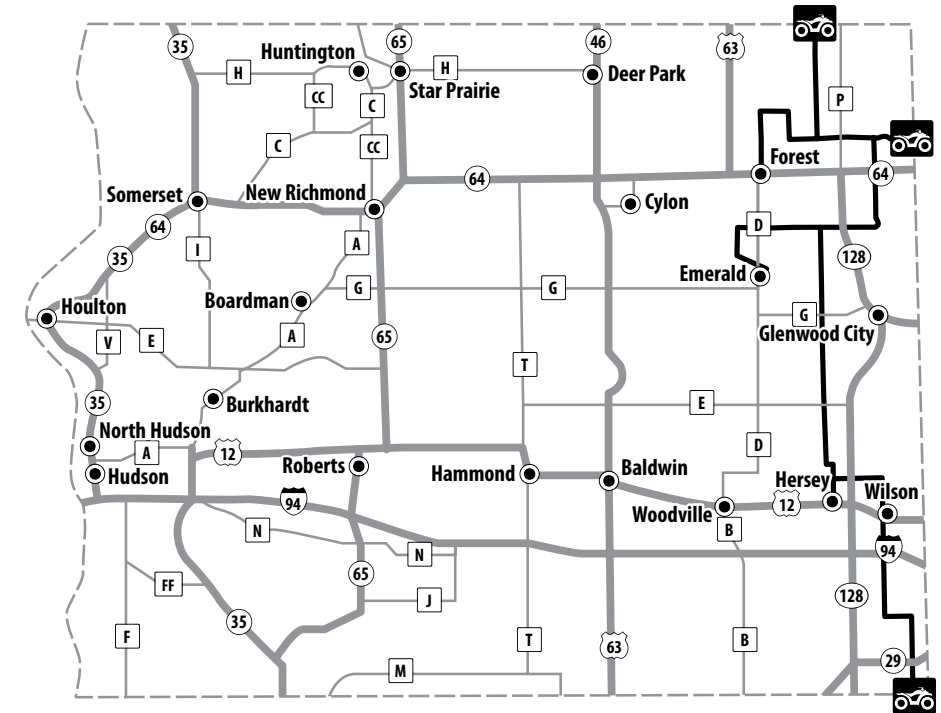
# ATV Trails

## POLK COUNTY



# ATV Trails

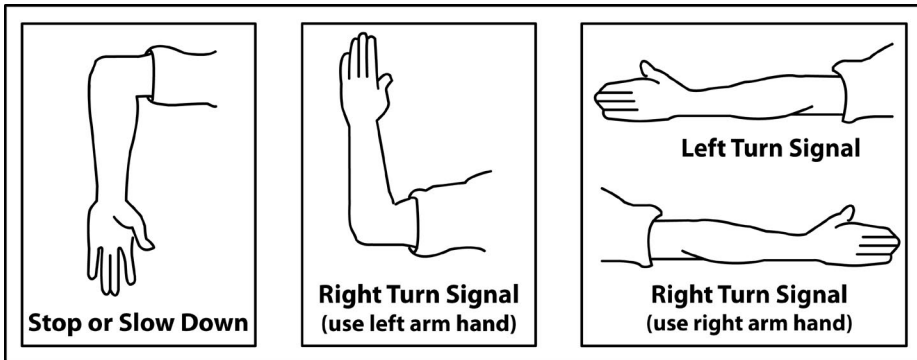
## ST. CROIX COUNTY





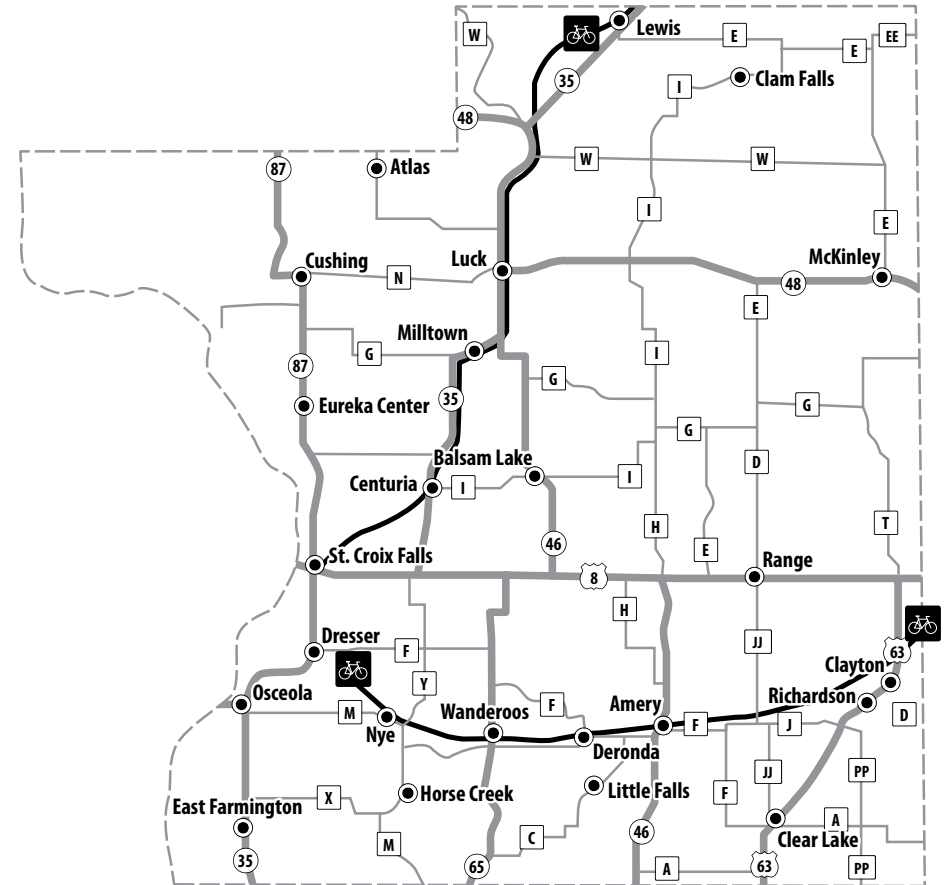
# Bicycle Safety

- Always wear a properly fitting bike helmet as most serious injuries are to the head.
- Be sure your handlebars, seat and wheels fit snugly.
- Keep your bike in good shape by checking and oiling your chain, making sure your brakes work properly and maintaining your tire pressure.
- Always ride with both hands on the handlebars except when doing turn signals.
- When leaving a driveway, curb or alleyway always stop and check for traffic in both directions.
- Cross only at intersections.
- Use the crosswalk to walk your bike across busy intersections and follow the traffic signals.
- Never ride against traffic. Travel in the same direction as the cars.
- Whenever you can, use bike routes and avoid busy streets.
- Don't ride near parked cars as doors can open and cause accidents.
- Obey all traffic signs and traffic lights.
- When biking with friends, ride in a single file.
- Always pass other bikers or pedestrians on the left and say "On your left!" to make your presence known.
- Always use bicycle hand signals to alert traffic of your changing direction.



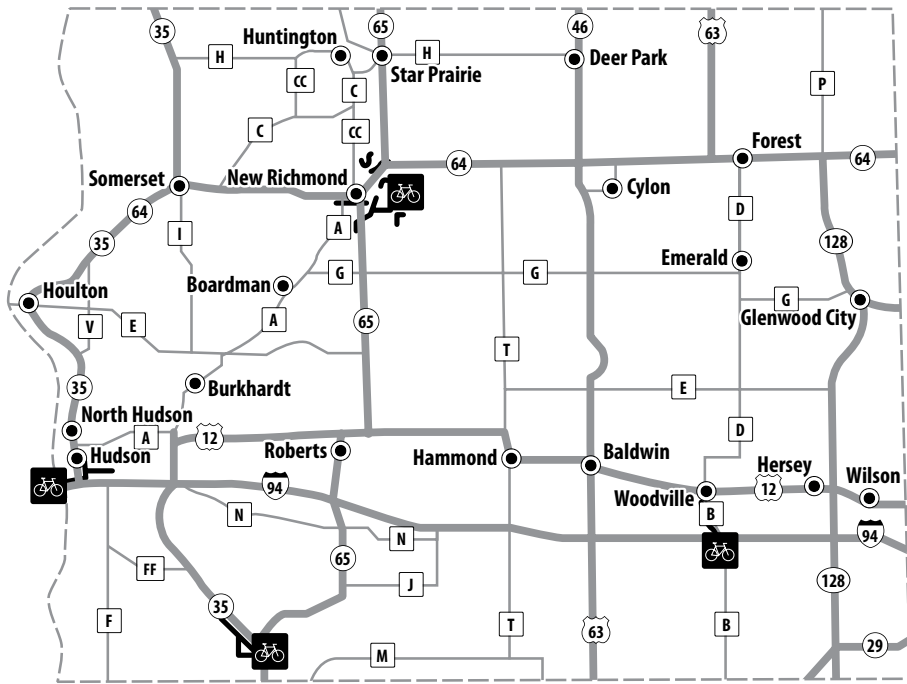
# Bicycle Trails

## POLK COUNTY



# Bicycle Trails

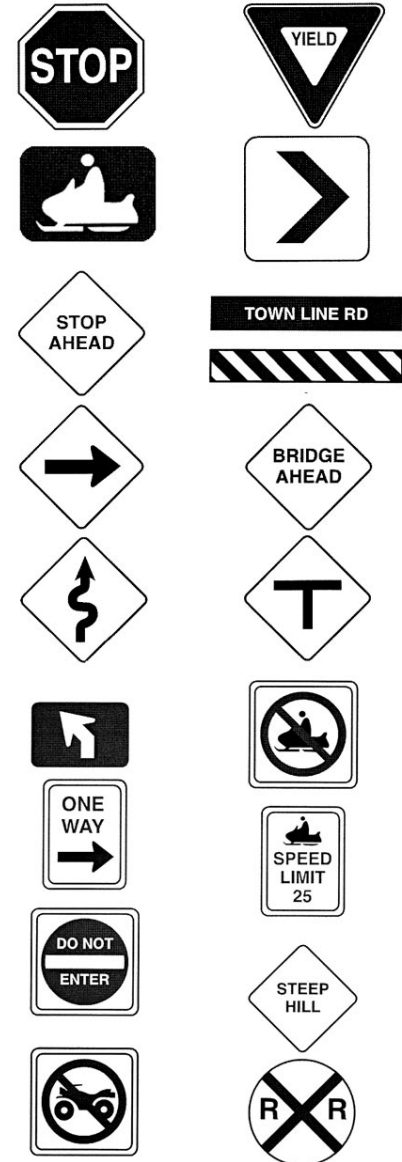
## ST. CROIX COUNTY



# Snowmobile Safety

- Do not consume alcohol or take drugs prior to or during your snowmobile trip. Doing so increases your chances of injury or death.
- Slow down and don't cut to the inside of the trail corners. It's dangerous and illegal.
- If you snowmobile at night, don't override your lights.
- Always use the buddy system. Never ride off alone.
- Drowning is one of the causes of many snowmobile fatalities. Whenever possible, avoid the ice.
- Wear sensible, protective clothing designed for operating a snowmobile.
- Use a full size helmet, goggles, or visor to prevent injuries from twigs, stones, ice chips and other debris.
- Avoid wearing long scarves. They may get caught in moving parts of the snowmobile.
- Know the terrain you are going to ride. If unfamiliar to you, ask someone who has traveled over it before.
- Know the weather forecast, especially the ice and snow conditions.
- Be sure your snowmobile is in top-notch mechanical condition throughout the months of use.
- Familiarize yourself with the snowmobile you are driving. Thoroughly read the manual that accompanies the snowmobile.
- Do not pursue domestic or wild animals. That is not the conduct of a sportsman. Report such violations to the nearest law enforcement officer.

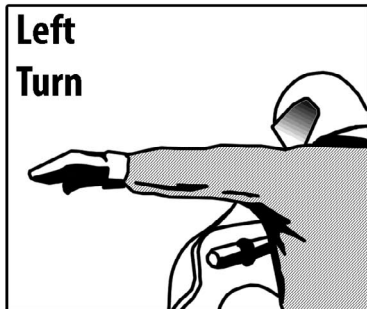
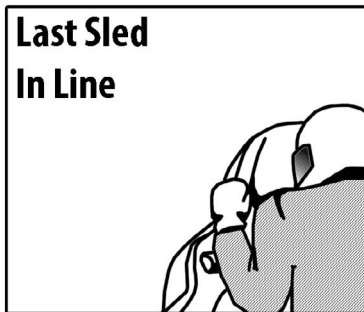
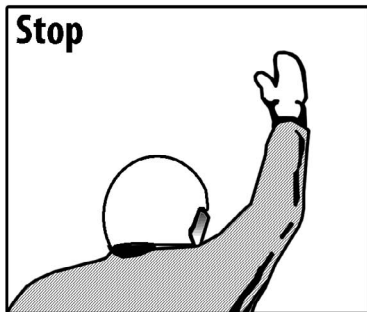
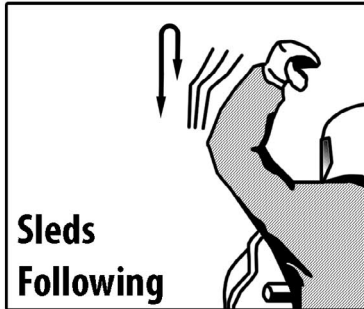
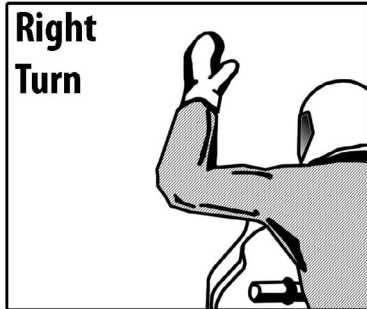
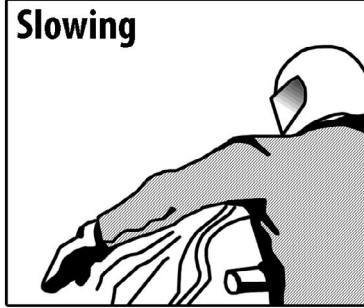
## Common Trail Signs



# Snowmobile Safety

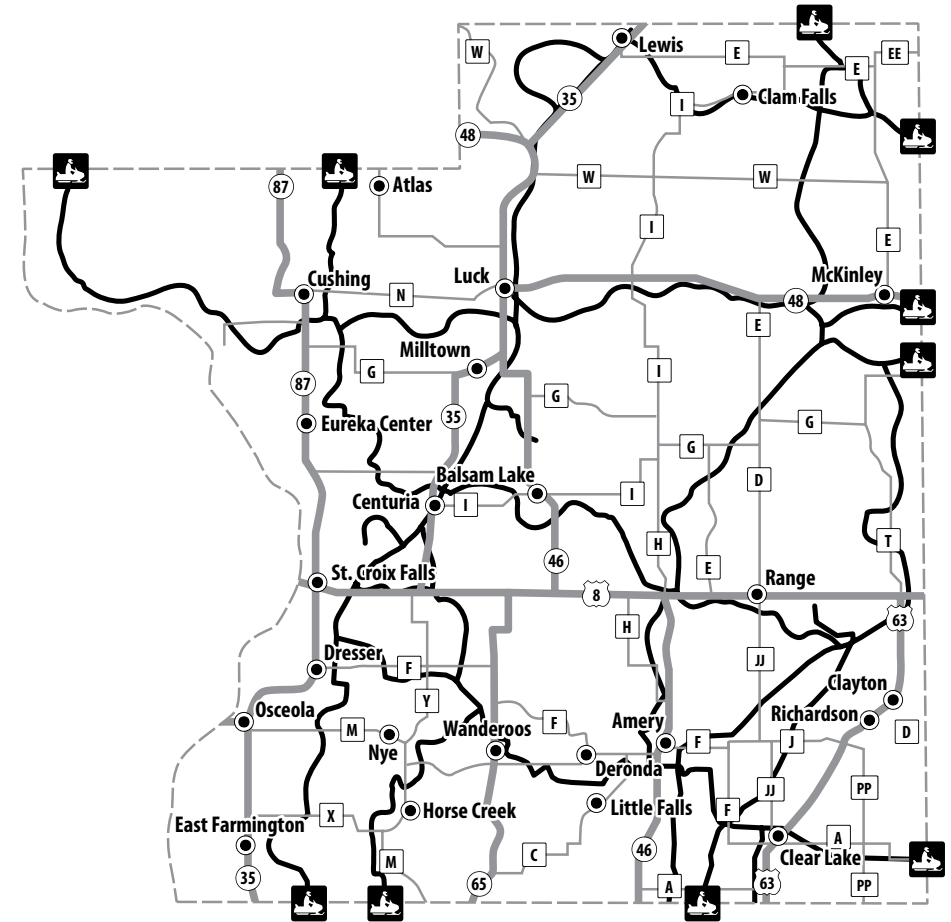
Communication is an essential part of safe riding. Hand signals are a practical way to communicate between other riders and traffic.

Be sure to give easy to see and clear hand signals when snowmobiling. Hand signals should never be subtle, but always deliberate.



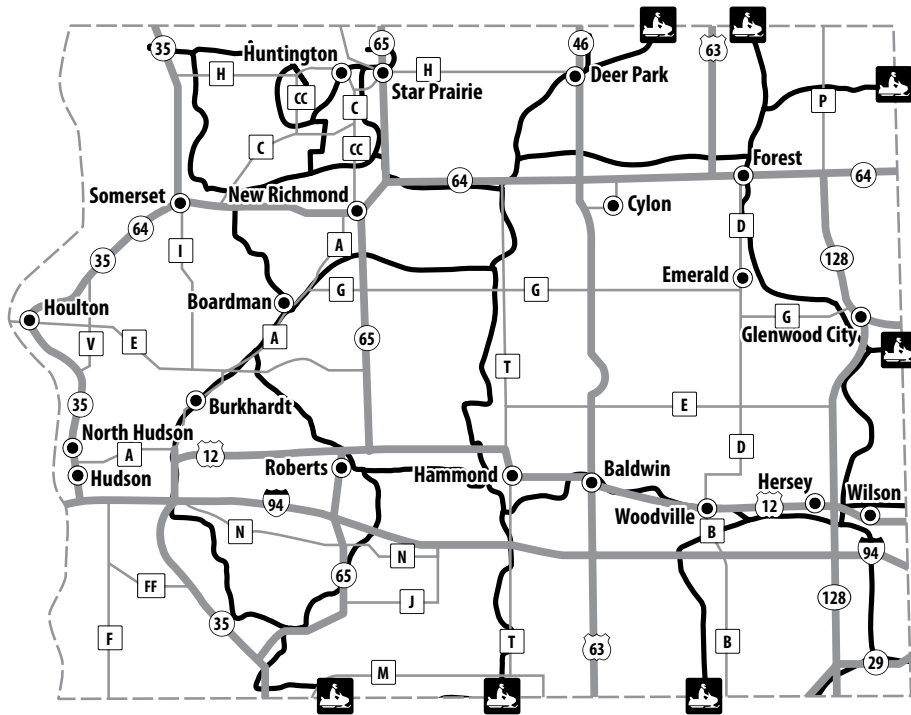
# Snowmobile Trails

## POLK COUNTY



# Snowmobile Trails

## ST. CROIX COUNTY



# Emergency Planning

## ESCAPE ROUTES

Everyone in your family should know the best ways to exit the house in case of a disaster. Teach your young children how to open sliding doors, windows and other exits. Designate a meeting place where the family can gather after escaping from the house.

## FLASHLIGHTS

The whole family needs to know where to find flashlights. Periodically check the batteries.

## FULLY CHARGED CELL PHONES

All family members should keep their cell phones charged. Make a habit of charging them, while everyone is asleep. Cell phones can be lifesavers in emergencies.

## LIST OF VALUABLES

Keep this document listing your possessions (and if possible, a video of your home interior) in a fireproof safe, or in a safe deposit box at a bank.

## COMMUNITY EMERGENCY PLANS

Familiarize yourself with community evacuation plans and neighborhood escape routes. Post a copy of them in a highly visible place in your home.

## THUNDERSTORM/TORNADO

- Remove dead branches from trees beforehand to avoid injury or damage.
- After seeing lightning, if you hear thunder in less than 30 seconds, it is recommended that you stay inside for 30 minutes after the thunder has ceased.
- The inside of a car is safer than the outside, as a lightning strike will simply pass through the car as long as you aren't in contact with any metal.
- Unplug all major appliances, as a power surge can cause serious damage.
- Avoid all tall structures and elevated areas as well as large amounts of metal.



## FIRES

- Make sure that every level of your house has a smoke detector, and be sure to test them once a month. Have the family plan an emergency exit route.
- Always keep track of any stoves or high-temperature/high-voltage appliances that are running. Be sure to never leave any cooking unattended.
- Keep lighters and matches away from children.
- If a burn occurs, soak the skin in cool water. If the skin blisters, seek medical assistance.



# Carbon Monoxide Safety

## PREVENTION

- Install carbon monoxide detectors near every bedroom, gas appliance and in your RV, camper or motor home and test them monthly.
- Have flues, chimneys and all fuel-burning appliances inspected by a professional annually.
- Make sure fireplaces, wood stoves, dryers, furnaces and water heaters are properly vented to the outside.
- Only burn clean and untreated wood.
- Never idle your car or gas powered vehicle in the garage, with or without the garage door open.
- Toxic fumes build up quickly and can easily contaminate your home.
- Never use gas-powered engines like weed trimmers, snow blowers, chain saws, lawnmowers or portable generators in enclosed areas.
- Never use a charcoal grill indoors or in any closed area.
- Never use a gas oven to heat your home.
- Never sleep in a room or area heated with a gas or kerosene space heater that does not have proper ventilation.

## SYMPTOMS

- Headaches, severe fatigue, vomiting, nausea, muscle and joint pain, dizziness, tingling, vertigo
- Attention and multi-tasking problems, short-term memory problems, word-finding problems
- Irritability, temper, loss of interest, sleep disturbance, anxiety, lack of motivation
- Eating and swallowing difficulties, vision problems, lack of muscular coordination, speaking difficulty, ringing in the ears
- Seizures, tremors, balancing problems, shortness of breath

***Carbon monoxide poisoning is easily confused with flu-like symptoms. Serious long-term health risks or death can result if warning signs are ignored. Carbon monoxide can affect you for days, weeks, months or years. High levels of carbon monoxide can be fatal within minutes.***

## TREATMENT

- Immediately take the victim out to fresh air.
- If the victim cannot be removed, open every window and door.
- All appliances should be turned off.
- Take the victim to an emergency room as quickly as fast as possible, or call 911.

# ⊕ Emergency First-Aid Tips ⊕

## FIRST AID FOR CPR & HEART ATTACK

### CPR

CPR is to be administered when a person is not breathing or has no pulse. Be quick to act by remembering the A,B,C's: Airway, Breathing & Circulation.

#### Airway:

Place the person on a firm surface, on their back. Kneel next to the person's neck and shoulders. Open the person's airway by tilting back the head and lifting the chin.

#### Breathing:

With the head tilted and chin lifted, pinch the nostrils shut and cover the person's mouth with yours. Give two slow breaths.

#### Circulation:

Find the hand position on the center of the breastbone. Place the heel of your hand on that position, with your other hand on top of the first hand. Use your upper body weight to push down. Give two compressions per second. Compress the chest at a rate equal to 100/minute. Perform 30 compressions at this rate. Repeat until an ambulance arrives.

### HEART ATTACK

Symptoms of a heart attack may include any of the following:

- Uncomfortable pressure, fullness or squeezing pain in the center of the chest.
- Expanded pain in the upper abdomen.
- Shortness of breath.
- Pain or numbness in either arms, shoulders, neck, jaw or teeth.
- Dizziness or fainting.
- Nausea and sweating.

**If you or someone else may be having a heart attack - follow these steps immediately:**

- **DIAL 911**
- **Chew and swallow Aspirin (unless you are allergic/not allowed to)**
- **Take Nitroglycerin (only if prescribed)**
- **Begin CPR if the person is unconscious**

**IN AN EMERGENCY, DIAL 911**

# ⊕ *Emergency First-Aid Tips* ⊕

## *FIRST AID FOR BURNS & CHOKING*

### **BURNS**

**For minor 1st and 2nd degree burns smaller than 3" in diameter:** Cool the Burn. Run cool water over the burned area for 5 minutes, or until the pain diminishes. Never put ice on a burn!

#### **Bandage the burn with sterile gauze:**

It is important to use loosely wrapped gauze. This will avoid pressure and the bandage protects blisters. NEVER put lotions, vaseline, ointments or butter on burn. Do not break any blisters, which can cause infection.

#### **Take Aspirin, Ibuprofen, Naproxen or Acetaminophen to relieve pain:**

Minor burns usually heal with these basic treatments. Be aware for signs of infection which may include: increased pain, redness, fever, swelling or oozing. If symptoms develop, seek medical help. Avoid tanning the burned area for at least a year. Protect the area with sunscreen outdoors. Avoid giving aspirin to children.

***For 3rd degree burns/all major burns - DIAL 911***

***DO NOT run cold water over large severe burns - this can cause shock.***

***DO NOT remove burnt clothing.***

***Check for signs of breathing/coughing/movement.***

***If there are no signs of breathing begin CPR.***

***Elevate burned areas above heart level, if possible.***

***Cover the burn(s) with cool, sterile, moist bandages, towels or cloth.***

### **CHOKING**

Most people clutch at their throats when choking, an obvious symbol for help. However, if a person isn't giving that signal, be alert for these indications. Inability to talk, difficulty breathing or noisy breathing, inability to cough forcefully, skin/lips/nails turning blue, loss of consciousness.

The Red Cross recommends a "five-and-five" method for first aid: First give five blows between the person's shoulders with the heel of your hand. Second, perform the Heimlich maneuver (abdominal thrusts) five times. Alternate between five back blows and five abdominal thrusts until the blockage is dislodged.

***IN AN EMERGENCY, DIAL 911***

# ⊕ *Emergency First-Aid Tips* ⊕

## *FIRST AID FOR INSECT BITES/ANAPHYLAXIS & POISON SAFETY*

### **INSECT BITES/ANAPHYLAXIS**

**Anaphylaxis is a severe allergic reaction from insect bites (latex, food and drug allergies can also cause Anaphylaxis). Typical symptoms include hives, the swelling of lips or eyes, swollen throat, drop in blood pressure, light headedness, confusion, nausea or diarrhea. If someone is having an allergic reaction from an insect bite with these symptoms:**

#### **CALL 911.**

**Administer emergency prescription medication.** See if the person is carrying special emergency allergy medicine and give it to them according to the directions.

#### **Loosen tight clothing.**

**Lay the person down.** The person should lay down on their back with feet elevated. Turn them on their side if they are vomiting or bleeding from their mouth to prevent them from choking.

**If they are not breathing - administer CPR.** Most insect bite reactions are mild and cause no allergic reaction. If stung by a bee, use a straight edged object, like a credit card, to scrape away the stinger. Don't use tweezers - they can pinch more venom out of the stinger. Apply an ice pack to the area and take an over the counter pain reliever.

### **POISON PREVENTION**

**Teach your children about poison and how it can look like a food or drink. They should always ask an adult before eating or drinking anything. Have them learn the poison control phone number: 1-800-222-1222 and keep it programmed or posted near all your phones. Here are some prevention tips.**

**Lock up your poisons and medications.** Keep them out of the reach of children, lock them up if possible. Make sure your children understand that medicine is not candy.

**Follow directions carefully.** Read your labels. Be sure to use and store all poisons and medications properly according to recommendations.

**Keep your pets safe from household chemicals, too.** Don't allow pets near areas that have just been cleaned with chemicals, such as freshly mopped floors or bleached bathtubs and sinks. Clean up any antifreeze/coolant spills. Pets like the flavor but they can die if they ingest it. Store poisonous foods or plants in areas that your pets cannot access. Call your local emergency veterinary hospital if you believe your pet has been poisoned.

***IN AN EMERGENCY, DIAL 911***

# Safety Tips for Parents & For Kids

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## PARENTS:

- Teach your kids that an emergency is when you need help from a doctor, a police officer or a firefighter.
- Designate a safe place by your house that a child can go to if they need help right away.
- Have your kids memorize your address and phone numbers. They should also know your full name and where you work.

## KIDS:

### FIRE SAFETY

- If you or someone else is on fire - remember to STOP, DROP and ROLL. Wrap a blanket on the person to help put out the fire.
- If there is a fire, leave the house as fast as you can! Crawl on the floor to avoid smoke and if the door is hot, don't open it - find another way out.
- Learn all the fire exits in your house. Assign a safe place outside for everyone to meet in case of a fire emergency.

### HOME ALONE

- Never tell anyone that you are home alone.
- If someone calls and ask for your mom and dad, tell them "They cannot come to the phone right now, can you please call back later?"
- Do not answer the door, unless it is someone that you know your parents have okay'd them to come over.

# Emergency Numbers For Kids

---

KEEP A COPY OF THIS LIST NEAR EACH PHONE IN YOUR HOUSE

MY ADDRESS: \_\_\_\_\_

\_\_\_\_\_

MY PHONE NUMBER: \_\_\_\_\_

MOM AT WORK: \_\_\_\_\_

MOM CELL PHONE: \_\_\_\_\_

DAD AT WORK: \_\_\_\_\_

DAD CELL PHONE: \_\_\_\_\_

NEIGHBOR: \_\_\_\_\_

EMERGENCY CONTACT: \_\_\_\_\_

POISON CONTROL: 1-800-222-1222

**EMERGENCY DIAL**

**911**

# 2011

## JANUARY

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